

POLAR



FINISHED SIZE | 74" x 74"

Please read all instructions thoroughly before beginning.

FABRIC REQUIREMENTS

Fabric A	DSE710	½ yd.
Fabric B	CAPAT12110	½ yd.
Fabric C	CAPAT12100	½ yd.
Fabric D	CAPAT12109	¼ yd.
Fabric E	CAPAT12102	¼ yd.
Fabric F	PE496	½ yd.
Fabric G	PE430	FQ.
Fabric H	DSE703	¼ yd.
Fabric I	PE428	¾ yd.
Fabric J	PE518	F8.
Fabric K	DSE702	½ yd.
Fabric L	DSE708	3⅝ yd.
Fabric M	PE413	2 yd.
Fabric N	PE498	FQ.
Fabric O	PE499	F8.
Fabric P	CAPAT12103	¾ yd.
Fabric Q	CAPAT12106	1¼ yd.
Fabric R	BINCAPAT12	⅝ yd.

BACKING FABRIC

CAPAT12108 4½ yds (*Suggested*)

BINDING FABRIC

Fabric **R** BINCAPAT12 ⅝ yd (*Included*)

Our Fat Quarter measurement is 22" x 18".

Our Fat Eight measurement is 11" x 18".

CUTTING DIRECTIONS

Please ensure that all fabrics are ironed thoroughly before cutting them. ¼" seam allowances are included. WOF means width of the fabric.

Fabric A

- One (1) WOF x 9" strip, then:

Sub-cut into One (1) 14" x 9" rectangle.

One (1) 10½" x 7" rectangle.

Two (2) 6" squares.

One (1) 6" x 5" rectangle.

- One (1) WOF x 4½" strip, then:

Sub-cut into One (1) 9½" x 4½" strip.

Fabric B

- One (1) WOF x 12" strip, then:

Sub-cut into One (1) 10" x 12" rectangle.

One (1) 15" x 8" rectangle.

One (1) 16" x 7" rectangle.

- One (1) WOF x 6" strip, then:

Sub-cut into One (1) 6" square.

One (1) 6" x 4" rectangle.

One (1) 4" square.

One (1) 11" x 3" strip.

Fabric C

- One (1) WOF x 10" strip, then:

Sub-cut into One (1) 10" square.

One (1) 16" x 9" rectangle.

One (1) 4" x 8" rectangle.

One (1) 6" square.

One (1) 5" x 6" rectangle.

Fabric M

- One (1) Template M.

Fabric N

One (1) Template B.

Fabric O

- One (1) 5" square.

Fabric P

- Eight (8) WOF x 2½" strips, then:

Sub-cut into Four (4) 25½" x 2½" strips.

One (1) 4¼" square.

Fabric Q

- Six (6) WOF x 5½" strips, then:

Sub-cut into Four (4) 17" x 5½"

One (1) 8¾" square.

Fabric R (Binding)

- Seven (7) WOF x 2½" strips.

SECTION INSTRUCTIONS

*¼" seam allowances are included.
WOF means width of fabric.*

SECTION A (NOSE)

#1

One (1) 5" square from fabric **O**.

#2

One (1) 5" square from fabric **J**.

#3

One (1) 5" square from fabric **D**.

SECTION B (MOUTH)

#4

One (1) 5" square from fabric **M**.

#5

One (1) 5" square from fabric **E**.

SECTION C (FRONT FACE)

#6

One (1) 6" square from fabric **J**.

#7

One (1) 6" square from fabric **F**.

#8

One (1) 6" square from fabric **H**.

#9

One (1) 6" square from fabric **D**.

SECTION D (BACK FACE)

#10

One (1) 8" x 4" rectangle from fabric **C**.

#11

One (1) 3" x 5" rectangle from fabric **D**.

#12

One (1) 11" x 3" strip from fabric **B**.

SECTION E (FRONT LEFT LEG)

#13

One (1) 6" square from fabric **C**.

#14

One (1) 6" square from fabric **A**.

#15

One (1) 6" square from fabric **E**.

#16

One (1) 7½" square from fabric **F**.

#17

One (1) 5" square from fabric **D**.

#18

One (1) 4" square from fabric **B**.

#19

One (1) 5" x 4" rectangle from fabric **H**.

SECTION F (NECK)

#20

One (1) 10½" x 7" rectangle from fabric **A**.

#21

One (1) 10½" x 7" rectangle from fabric **I**.

#22

One (1) 16" x 7" rectangle from fabric **B**.

CONSTRUCTION

Sew all rights sides together with 1/4" seam allowance.

Important instructions before you begin:

- Make sure every section is taped together.
- Make sure that every fabric piece is larger than the paper pattern. It will be trimmed to size when the piecing is finished.

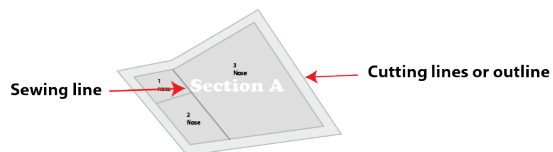
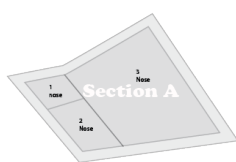


DIAGRAM 1

- Begin sewing a few stitches before the sewing lines and end a few stitches after them.
- Do not remove the paper backing until all the Bear is sewn together and finished.
- Remember that the printed side of the foundation pattern will be the back of your sewn section and all sewing will be done on this side.
- The blank side of the pattern is the right side of your section.



Printed Side (back of sewn section)



Blank side (right side of your sewn section)

DIAGRAM 2

Lets begin...

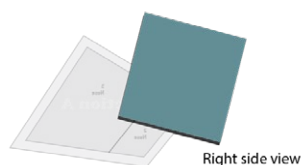
SECTION A

- Place 5" square from fabric **O** (right side up) on the BLANK side of the pattern, over #1 (nose).
- Hold it up to the light and check that the fabric covers piece #1 (nose) with about 3/4" to spare all around.

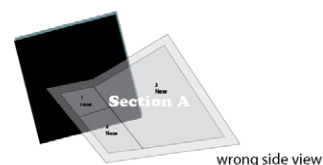


DIAGRAM 3

- Place one (1) 5" square from fabric **J** (right sides together) over the 5" square from fabric **O**. Raw edges should be aligned where they will be sewn.
- Flip the fabric over to make sure that fabric **J** will cover #2 (nose) area and still has at least 3/4" extra.



Right side view



wrong side view

DIAGRAM 4

- When ready to sew, flip and pin the two fabrics and the paper together.

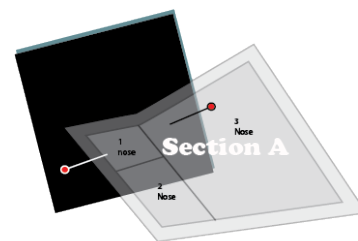


DIAGRAM 5

- Stitch along the lines between piece #1 and #2, starting a few stitches before the sewing line and ending a few stitches after it.

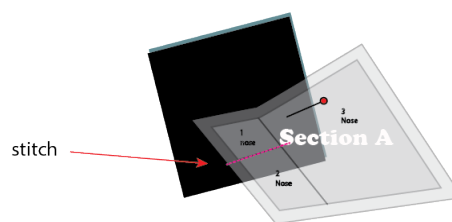


DIAGRAM 6

- Sew two (2) 67½" strip from fabric **P** on each side of the previously sewn piece.

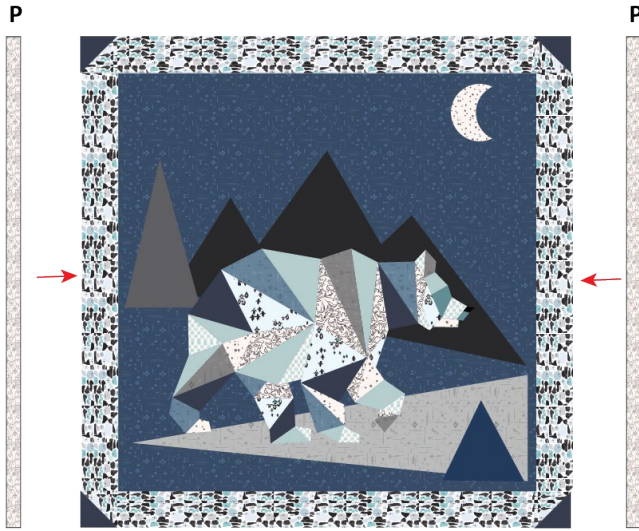


DIAGRAM 48

- Sew two (2) **(I-P) P** strip on top and bottom of the previously sewn piece.

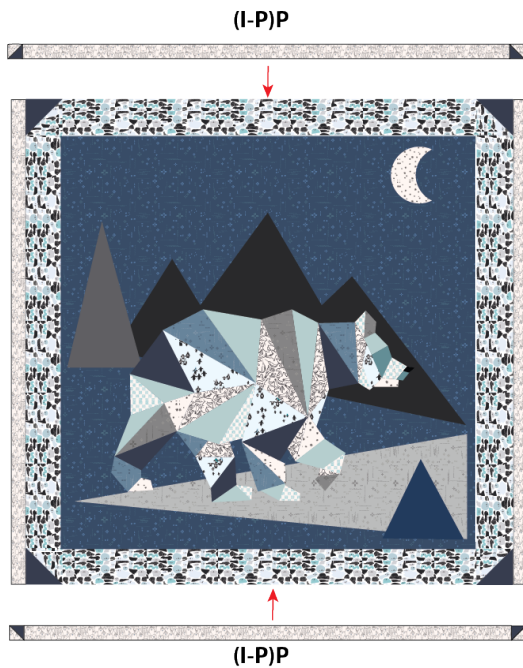


DIAGRAM 49

QUILT TOP



DIAGRAM 50

QUILT ASSEMBLY

Sew rights sides together.

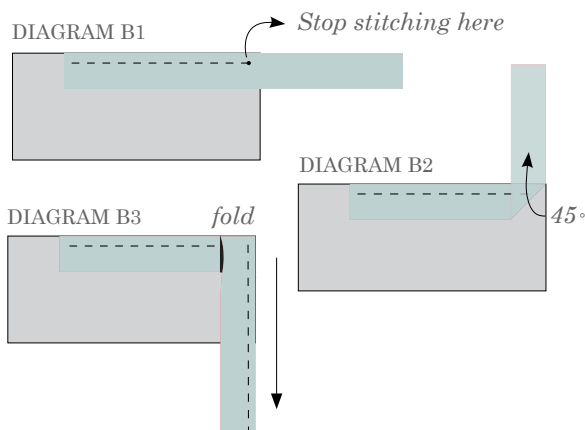
- Place **BACKING FABRIC** on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place **BATTING** on top of backing fabric.
- Place **TOP** on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

BINDING

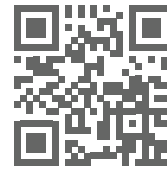
Sew rights sides together.

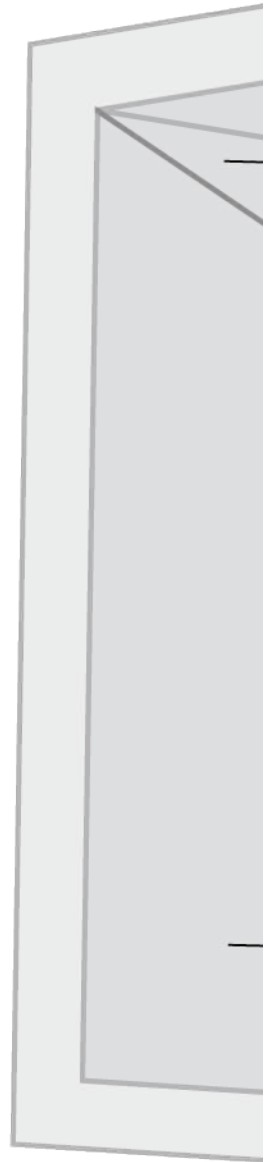
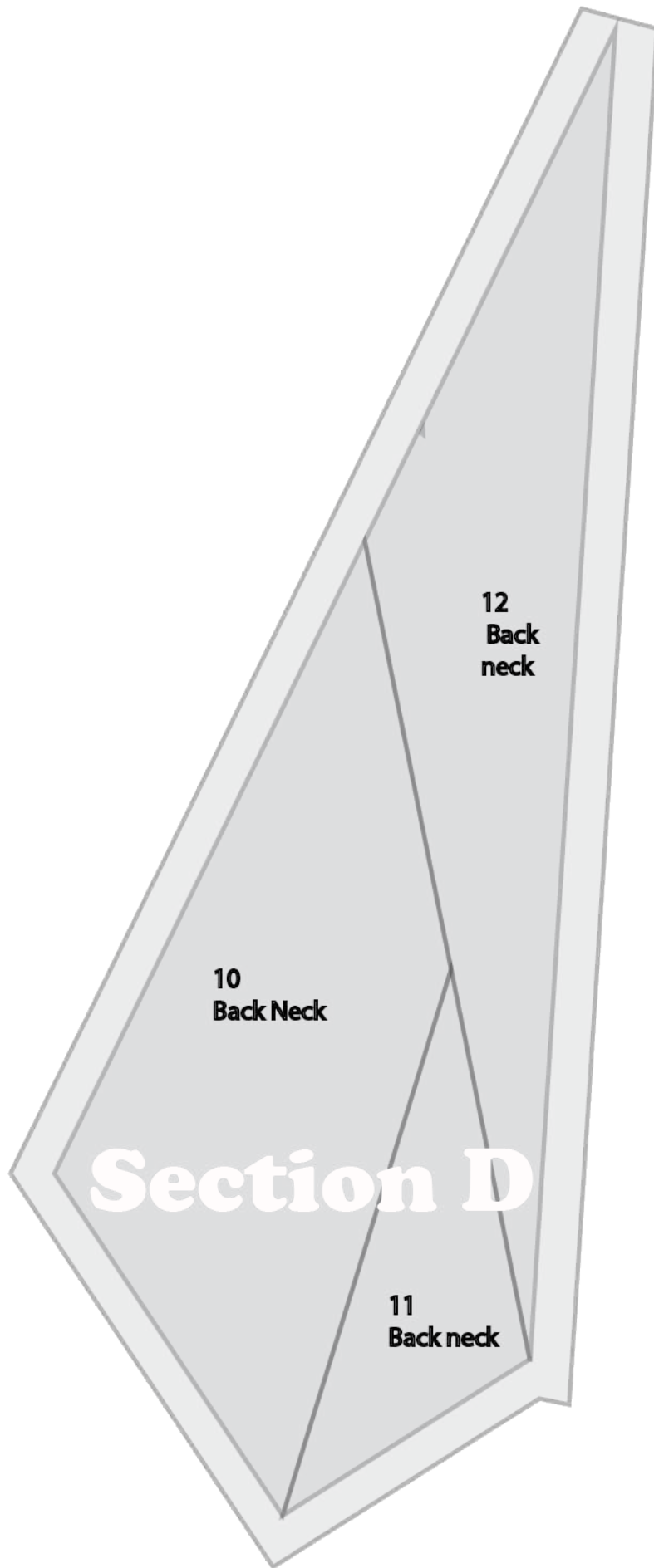
Cut enough strips $2\frac{1}{2}$ " wide by the width of the fabric **R** to make a final strip 306" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with $\frac{1}{4}$ " seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.

- Stop stitching $\frac{1}{4}$ " before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at $\frac{1}{4}$ " of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to $\frac{1}{4}$ " and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.



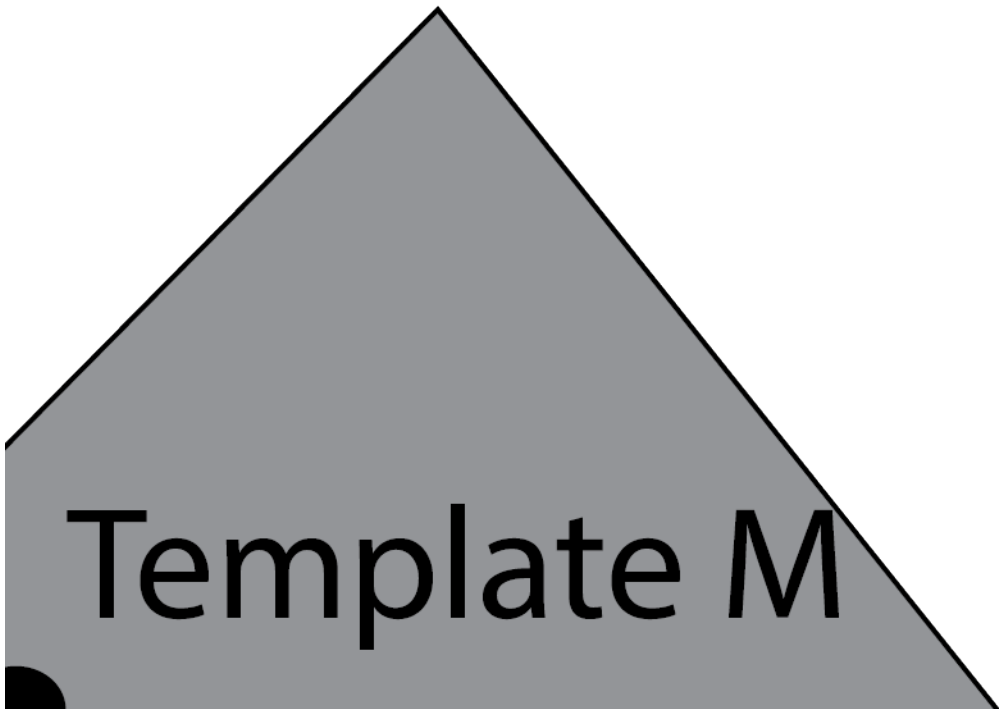
- If you are using our 2.5 edition (binding fabric), click or scan this QR code to see a tutorial on how to use this specialty fabric.





Section D

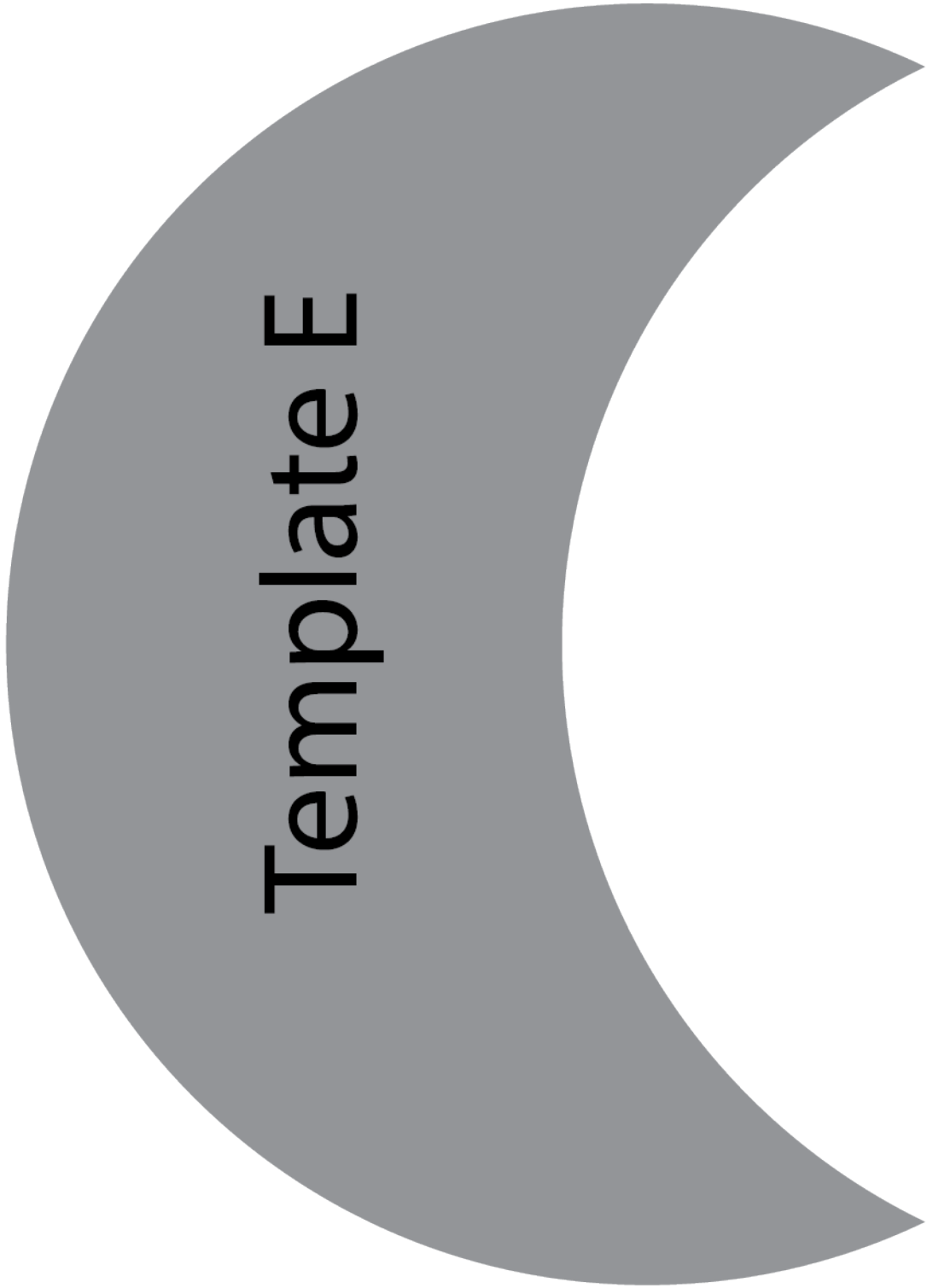
Template B



Template M

Template M

Template M



Template E

Template C





Template C

Template C

Template M

Template C

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