Kindred Spirit











FABRICS DESIGNED BY PAT BRAVO





Fabric A MTM9404 EXPRESSIONS MIDNIGHT



Fabric B MTM9201 THOUGHTS GOLD



Fabric C MTM9101 THOUGHTS BERRY



Fabric D MTM9300 INDICATION FOLIAGE



Fabric E PE458 TOASTY WALNUT



Fabric F MTM9204 EXPRESSIONS GOLD



Fabric G PE439 RASPBERRY ROSE



Fabric H MTM9102 QUARTZ BERRY



Fabric I MTM9200 INDICATION GOLD



Fabric J PE408 WHITE LINEN







FINISHED SIZE 73"X 20"

Please read all instructions thoroughly before beginning.

FABRIC REQUIREMENTS

Fabric A	MTM9404	1 ¾ yd.
Fabric B	MTM9201	¹⁄₄ yd.
Fabric C	MTM9101	¹⁄₄ yd.
Fabric D	MTM9300	¹⁄₄ yd.
Fabric E	PE458	¹⁄₄ yd.
Fabric F	MTM9204	¹⁄₄ yd.
Fabric G	PE439	¹⁄₄ yd.
Fabric H	MTM9102	¹⁄₄ yd.
Fabric I	MTM9200	¹⁄₄ yd.
Fabric J	PE408	1 % yd.

BACKING FABRIC

MTM-9200 1½ yds. (Suggested)

BINDING FABRIC

MTM-9404 (Fabric A) (included)

CUTTING DIRECTIONS

Iron your fabrics thoroughly before cutting them. ¼" seam allowances are included. WOF means width of fabric.

Fabric A

• Cut eleven (11) strips of WOF x 11/2".

Sub-cut

Thirty six (36) strips of 12½" x 1½".

Sub Cut

Thirty (30) 1½" squares.

• Cut two (3) WOF x 534".

Sub-cut

Seventeen (17) squares of 53/4".

• Cut two (3) WOF x 334".

Sub-cut

Twenty three (23) squares of 33/4".

Cut one (1) WOF x 2½".

Sub-cut

Thirty (30) 2½" squares.

Fabric B

• Cut one (1) square of 53/4".

Fabric C

Cut one (1) WOF x 5¾".
 Sub-cut
 Two (2) 5¾" squares.

Fabric D

Cut one (1) WOF x 5¾".
 Sub-cut
 Three (3) 5¾" squares.

Fabric E

Cut one (1) WOF x 5¾".
 Sub-cut
 Four (4) 5¾ "squares.

Fabric F

Cut one (1) WOF x 5¾".
 Sub-cut
 Six (6) 5¾" square.

Fabric G

Cut one (1) WOF x 5¾".
 Sub-cut
 Six (6) 5¾" square.

Fabric H

Cut one (1) WOF x 5¾".
 Sub-cut
 Five (5) 5¾" squares.

Fabric I

Cut one (1) WOF x 5¾".
 Sub-cut
 Three (3) 5¾" squares.

Fabric J

Cut seven (7) WOF x 5¾".
 Sub-cut
 Forty six (46) 5¾" squares.

Cut two (3) WOF x 3¾".
 Sub-cut
 Twenty three (23) 3¾" squares.

Cut one (1) WOF x 1½".
 Sub-cut
 Ten (10) 1½" squares.

Fabric K

Cut one (1) WOF x 1 ½".
 Sub-Cut
 Twenty four (24) 1½" squares.

CONSTRUCTION

Sew all rights sides together with ¼" seam allowance.

- This Table Runner is made out of 3 different Blocks which we will call Block X, Block Y1 and Block Y2.
- Block X is made out of two different sizes of HST 1½" and 2½".
- We will start by making our HST and we will be using the magic 8 method.

Magic 8 method:

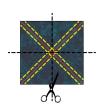
- Take twenty three (23) 3¾" squares from fabric A -J.
- Take seventeen (17) 53/4" squares from fabric A- J.
- Take one (1) 5¾" squares from fabric B-J.
- Take two (2) 53/4" squares from fabric C-J.
- Take three (3) 5¾" squares from fabric D-J.
- Take four (4) 53/4" squares from fabric E-J.
- Take six (5) 53/4" squares from fabric G-J.
- Take five (5) 53/4" squares from fabric H-J.
- Take one (3) 5³/₄" squares from fabric I-J.
- Take six (6) 5³/₄" squares from fabric F-J.



To make the Half Square Triangles 8 at a Time place two equal size squares of fabric Right Sides Together (RST)



Mark a diagonal line across both diagonals on the wrong side of the top fabric square and sew 1/4" away from the drawn line.



Using your rotary blade or scissors cut the square into eighths as pictured above.

You will cut a horizontal line, vertical line, and on both drawn diagonal lines.

DIAGRAM 1

 Open each unit outward and lightly press. Be very careful to only press up and down, NOT back and forth so as not to stretch them. Your seam should be pressed (both layers) toward the darker color.

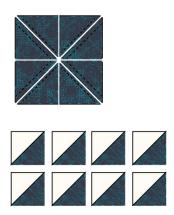
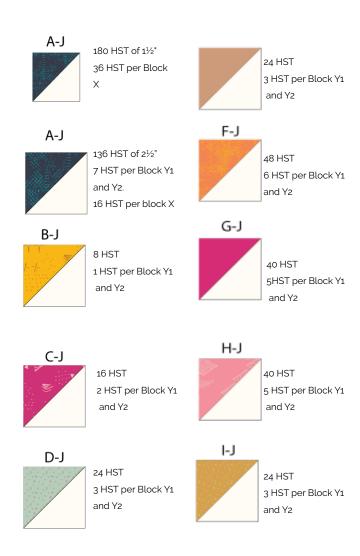


DIAGRAM 2

HST Combinations



Block X

- We will start by building the center piece of Block X,
- For this part we will be using the (12) 1½" HST units from fabric A-J for each Block X and four 1½ "squares from fabric A.
- Follow diagram 4 for row arrangement.

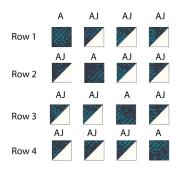


DIAGRAM 4

• Attached a $4\frac{1}{2}$ " x $1\frac{1}{2}$ " strip from fabric J to the top and the bottom of the center piece of block X.

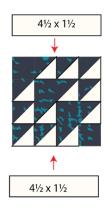


DIAGRAM 5

• Attached a $6\frac{1}{2}$ " x $1\frac{1}{2}$ " strips to the right and left side.

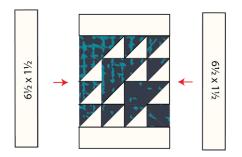


DIAGRAM 6

- Take twelve (12) 1½" HST units of fabric A-J, and sew them together in six (6) groups of six HST units.
- Notice that HST units are placed in same direction.



DIAGRAM 7

- Attached one set of six (6) HST units to the right side of the block, and the other set to the left side of the block.
- Pay attention to the direction of Fabric J. See diagram below.

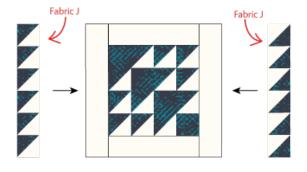
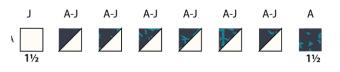


DIAGRAM 8

- Take one (1) 1½" square from fabric J, six (6) 1½"
 HST units of A-J and a 1½" square from fabric A, sew them together as shown on diagram below.
 (Repeat this step 9 more times) You will need two
 (2) of this for each Block X.
- Pay attention to the direction of the HST.

J-A-J-A



- Attached J-A-J-A to the top side of the block, making sure that the square from fabric J is place to the left side and square from fabric A to the right side.
- Place the other J-A-J-A to the bottom side of the block, make sure that this time the square from fabric A is place on the left side of the block and the square from fabric J to the right side. (See diagram below)

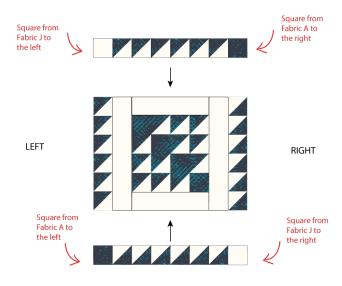


DIAGRAM 10

- Take eight (8) 2½" HST units of fabric A-J, and sew them together in two (2) groups of four HST.
- You will need to repeat this step four (4) more times, since you need two (2) sets of four HST units per block.
- Notice that HST units are placed in same direction.

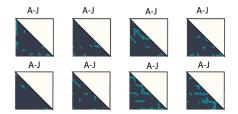


DIAGRAM 11

- Attached one set of four HST to the right side of the block, and the other set to the left side of the block.
- Pay attention to the direction of fabric A towards the inside of the block. See diagram 12

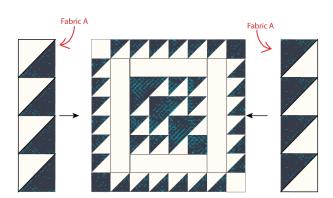
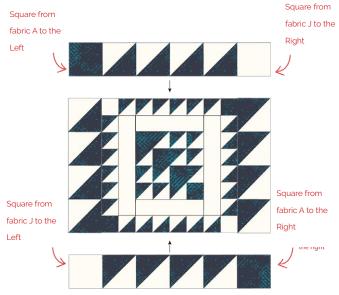


DIAGRAM 12

Take (1) 2½" square from fabric J, four (4) HST of fabric A-J and a 2½" square from fabric A, sew them together as shown on diagram below. (Repeat this step nine (9) more time) You will need two (2) of this for each Block X. Pay attention to the direction of the HST units.



- Attach one of the previous sewn pieces from diagram 13 to the top side of the block, making sure
 that the square from fabric A is place to the left
 side and square from fabric J to the right side.
- Place the other previously sewn piece from diagram 13 to the bottom side of the block, make sure that this time the square from fabric J is place on the left side of the block and the square from fabric A to the right side. See diagram below.



• Sew two (2) 1½" x 12½" strips from fabric A on each side of the block.

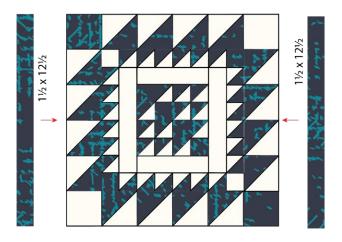


DIAGRAM 15

• This is how Block X will look, You will need Five (5) Blocks X.

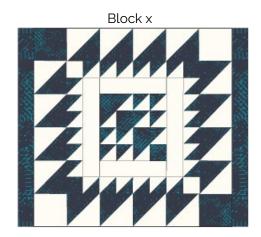


DIAGRAM 16



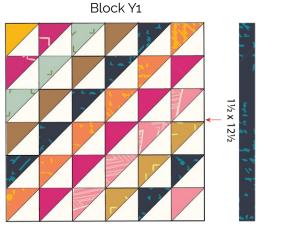
Block Y

- This Block is made out of HST (Half Square Trigles)
- Start by sewing each HST unit into rows, then sew the rows.
- Repeat this step seven (7) times more. You should have a total of eight (8) blocks Y.



DIAGRAM 17

 Take one (1) 1½" x 12½" strip from fabric A, and attach it to the right side of the block Y repeat the same step three (3) more times. This will be Block Y1.



• For the other four (4) blocks, attach the $1\frac{1}{2}$ " x $12\frac{1}{2}$ " strip from fabric A to the left side block and we will call this Block Y2.

Block Y2

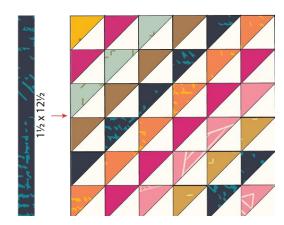
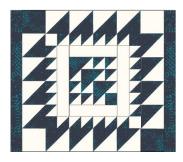


DIAGRAM 19

You should have: Five (5) Blocks X Four (4) Blocks Y1 Four (4) Blocks Y2



Block X × 5



Block Y1 x4



Block Y2 X4

Strip Set 1

- Take four (5) 1½" x 1½" squares from fabric K and four (4) 12½" x 1½" strips from fabric A and sew them. Following the order on diagram below. Repeat this step one (1) more time.
- This will be strip set 1.

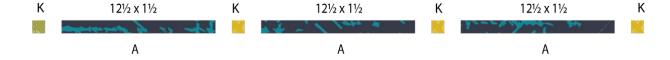


Strip Set 1

DIAGRAM 21

Strip Set 2

- Take four (4) $1\frac{1}{2}$ " squares from fabric K and three (3) $12\frac{1}{2}$ " x $1\frac{1}{2}$ " strips from fabric A and sew them
- Following the order on diagram below. Repeat this step one more time.
- This will be strip set 2.



Strip Set 2



 ${\rm DIAGRAM}~22$

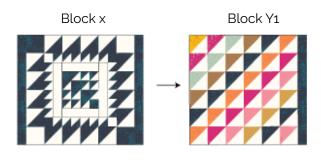
Strip Set 3

- Take three (3) $1\frac{1}{2}$ " squares from fabric K and two (2) $12\frac{1}{2}$ " x $1\frac{1}{2}$ " strips from fabric A and sew them.
- Follow the order on diagram below. Repeat this step one (1) more time.
- This will be strip set 3.



Strip Set 3

• Sew Block x and Block Y1 together:

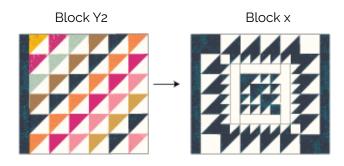


X-Y1



DIAGRAM 24

• Sew Block Y2 and Block X together:

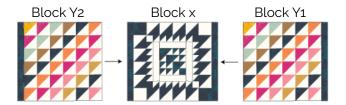


Y2-X



DIAGRAM 25

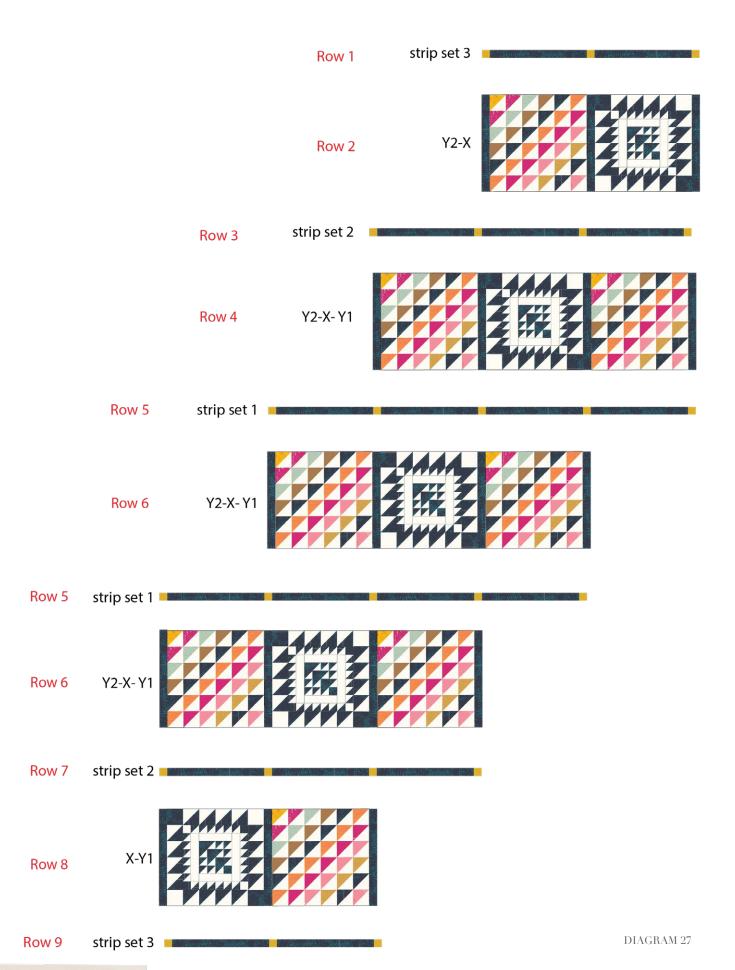
- Take block Y2, block X, block Y1 and sew them together.
- See diagram below .Repeat this step two (2) more times.



Y2-X-Y1



Sew by rows as shows on diagram below.



• Trim to a 73" x 20".



DIAGRAM 28

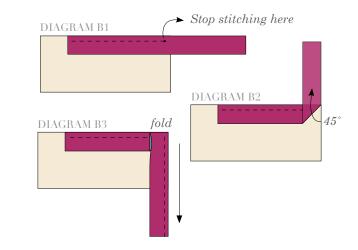
BINDING

Sew rights sides together.

- Cut enough strips 2½" wide by the width of the fabric A to make a final strip 196" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with ¼" seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching ½" before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¼" of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).

- Trim seam to ¼" and press open. Complete
 the sewing. Turn binding to back of the quilt,
 turn raw edge inside and stitch by hand using
 blind stitch.
- If you are using our 2.5 edition (binding fabric), click or scan this QR code to see a tutorial on how to use this specialty fabric.







artgalleryfabrics.com

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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