Rise \& Thrive
 ACB

Rise \& Thrwe

QUILT DESIGNED BY AGFstudia


## FABRICS DESIGNED BY SUZY QUILTS



Fabric A
EVO60402
BASKET WEAVE KEY LIME


Fabric E
EVO60404
CONEFLOWER HEMLOCK


Fabric B
EVO60400 TINY MOON NOVA


Fabric F
PES915
MATCHA


BACKING
WIDEEVO60416

FULL MOON MATCHA


Fabric C
EVO60415
TINY MOON MATCHA


Fabric G
EVO60405
EVOLVE KEY LIME.


Fabric D
PES911 HONEYMOON


Fabric H EVO60406 BOHO LEAVES MATCHA.


Fabric I (BINDING)
BINEVO60417 BOUND TO EVOLVE

Cos?
FINISHED SIZE $168^{\prime \prime} \times 77^{\prime \prime}$

## FABRIC REQUIREMENTS

| Fabric A | EVO604O2 | $21 / 8 \mathrm{yd}$. |
| :--- | :--- | ---: |
| Fabric B | EVO60400 | $13 / 4 \mathrm{yd}$. |
| Fabric C | EVO60415 | $11 / 2 \mathrm{yd}$. |
| Fabric D | PES911 | $11 / 4 \mathrm{yd}$. |
| Fabric E | EVO60404 | 1 yd. |
| Fabric F | PES915 | $3 / 4 \mathrm{yd}$. |
| Fabric G | EVO60405 | $1 / 2 \mathrm{yd}$. |
| Fabric H | EVO604O6 | $1 / 4 \mathrm{yd}$. |
| Fabric I | BINEVO60417 | $5 / 8 \mathrm{yd}$. |

BACKING FABRIC
WIDEEVO60416 5 yds (Suggested)

BINDING FABRIC
Fabric I BINEVO60417 5/8 yd. (Included)

## CUTTING DIRECTIONS

1/4" seam allowances are included.

- WOF means width of fabric.


## Fabric A

- Twenty eight (28) $161122^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.
- Twenty eight (28) $14^{1} 12^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.


## Fabric B

- Twenty eight (28) $14^{1 ⁄ 2 \prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.
- Twenty eight (28) $12^{1} 12^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.


## Fabric C

- Twenty eight (28) $12^{1} 12^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.
- Twenty eight (28) $101122^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.

Fabric D

- Twenty eight (28) $101^{1} 2^{\prime \prime} \times 21 / 2^{\prime \prime}$ rectangles.
- Twenty eight (28) $81 / 2^{\prime \prime} \times 2^{112} 2^{\prime \prime}$ rectangles.

Fabric E

- Twenty eight (28) $81 / 2^{\prime \prime} \times 2^{112} 2^{\prime \prime}$ rectangles.
- Twenty eight (28) 6½" $\times 2^{1 ⁄ 2} 2^{\prime \prime}$ rectangles.

Fabric F

- Twenty eight (28) $61 / 2^{\prime \prime} \times 2^{1} 12^{\prime \prime}$ rectangles.
- Twenty eight (28) $4^{1 ⁄ 2 \prime \prime} \times 21122^{\prime \prime}$ rectangles.


## Fabric G

- Twenty eight (28) $4^{1} 12^{\prime \prime} \times 21 / 22^{\prime \prime}$ rectangles.
- Twenty eight (28) $2 ½$ " squares.

Fabric H

- Twenty eight (28) $21 / 2$ " squares.

Fabric I

- Eight (8) WOF $\times 21 / 2^{\prime \prime}$ strips. (Binding)


## CONSTRUCTION

Sew all rights sides together with $1 / 41$ seam allowance.

- Follow the diagram below for the log cabin block construction.
- You will assemble a total of (28).

- Sew rows 1-7 note that the direction of each block changes. Follow the diagram below for reference.

- Rotate the quilt top 45 degrees towards the right. See diagram below for reference.

- Trim the quilt to $681 / 2^{\prime \prime} \times 771 / 2$ ". Follow the diagram below for reference


DIAGRAM 4

Sew rights sides together.

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.


## BINDING

Sew rights sides together.

- Cut enough strips $2^{1 ⁄ 2}{ }^{\prime \prime}$ wide by the width of the fabric I to make a final strip 300 " long and fold the strip length-wise. Start sewing the binding strip in the middle of one side of the quilt leaving an approximated 5 " tail. Sew with $1 / 4$ " seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching $1 / 4$ " before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of $45^{\circ}$ and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at $1 / 4 / 4$ of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to $1 / 4^{\prime \prime}$ and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.

- If you are using our 2.5 edition (binding fabric), click or scan this QR code to see a tutorial on how to use this specialty fabric.



## Congratulations



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NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies

Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

