## Rising Instinct



# Rising Instinct** QUILT DESIGNED BY AGF'studia 



## un Scaron or TRIBUTE

| chapter four | rite Eclecte Ta uation | DESIGN | KATARINA ROCCELLA |
| :---: | :---: | :---: | :---: |



TRB4000 GAIA FOUR


TRB4004
BIRD SONGS FOUR


TRB4008
YOUR HEART BRIGHT FOUR


TRB4001
YOUR HEART DIM FOUR


TRB4005
STEPS ABOVE FOUR


TRB4009 DEAR DEER FOUR


TRB4002 STAMPED GROVE FOUR


TRB4006 DOTS TILE FOUR


TRB4010
KILIM INHERIT FOUR


TRB4003 FLORA FIELDS FOUR


TRB4007
ENCHANTED LEAVES FOUR


TRB4011 NISI FLORA FOUR


PE408 WHITE LINEN


PE496 CRYSTALLINE


PE428
NOCTURNAL


PE510
SWEET FIG


PE465 denim blue


PE513 GINGERBREAD


PE475 VERY BERRY


FE537 MULBERRY

# Rising Instinct: 

FINISHED SIZE $172^{\prime \prime} \times 72^{\prime \prime}$

## FABRIC REQUIREMENTS

| Fabric A | TRB4000 | $1 / 4 \mathrm{yd}$. |
| :---: | :---: | :---: |
| Fabric B | TRB4002 | $3 / 8 \mathrm{yd}$. |
| Fabric C | TRB4009 | $3 / 8 \mathrm{yd}$. |
| Fabric D | TRB4004 | $3 / 8 \mathrm{yd}$. |
| Fabric E | PE428 | $3 / 8 \mathrm{yd}$. |
| Fabric F | TRB4003 | $3 / 8 \mathrm{yd}$. |
| Fabric G | TRB4007 | $3 / 8 \mathrm{yd}$. |
| Fabric H | TRB4005 | $1 / 4 \mathrm{yd}$. |
| Fabric I | TRB4001 | $1 / 8 \mathrm{yd}$. |
| Fabric J | FE537 | $1 / 8 \mathrm{yd}$. |
| Fabric K | TRB4008 | $1 / 4 \mathrm{yd}$. |
| Fabric L | PE496 | $1 / 4 \mathrm{yd}$. |
| Fabric M | TRB4011 | $1 / 4 \mathrm{yd}$. |
| Fabric N | PE513 | $1 / 4 \mathrm{yd}$. |
| Fabric 0 | PE510 | $1 / 8 \mathrm{yd}$. |
| Fabric P | PE475 | $1 / 8 \mathrm{yd}$. |
| Fabric Q | PE465 | $3 / 8 \mathrm{yd}$. |
| Fabric R | PE408 | $21 / 2 \mathrm{yd}$. |
| Fabric S | TRB4006 | $3 / 8 \mathrm{yd}$. |

## BINDING FABRIC

Fabric S TRB4OO6 (Included)

BACKING FABRIC
TRB4010 $51 ⁄ 2$ yds (Suggested)

## CUTTING DIRECTIONS

1⁄" seam allowances are included. WOF means width of fabric.

Two (2) $2^{1 ⁄ 21} \times$ WOF strips from fabrics A \& H subcut into:

- Four (4) $61 / 2^{\prime \prime} \times 2^{1 ⁄ 2} 2^{\prime \prime}$ rectangles.
- Four (4) $4^{1 ⁄ 21} \times 2^{11 / 2 "}$ rectangles.
- Eight (8) 2½" squares.

Three (3) $2^{1 ⁄ 2 "} \times$ WOF strips from fabrics B \& G subcut into:

- Eight (8) $6 ½ " \times 21 ⁄ 2$ " rectangles.
- Eight (8) $41 / 2^{\prime \prime} \times 2^{1 ⁄ 2} 2^{\prime \prime}$ rectangles.
- Sixteen (16) 2½" squares.

Five (5) $21 / 2^{\prime \prime} \times$ WOF strips from fabrics C, D, E \& F subcut into:

- Twelve (12) $61 / 2^{\prime \prime} \times 21 / 22^{\prime \prime}$ rectangles.
- Twelve (12) $4^{1 ⁄ 21} 2^{\prime \prime} \times 2^{1 ⁄ 2} 2^{\prime \prime}$ rectangles.
- Twenty four (24) 2½" squares.

Two (2) $2 ½ " \times$ WOF strips from fabrics $\mathbb{K}, \operatorname{L}, ~ M \& N$ subcut into:

- Twenty four (24) 2½" squares.

Five (5) $21 / 2 " \times$ WOF strips from fabric $Q$ subcut into:

- Seventy two (72) 2½" squares.

Thirty Four (34) $21 / 2^{\prime \prime} \times$ WOF strips from fabric $\mathbf{R}$ subcut into:

- Seventy two (72) 6½" $\times 2 ½$ " rectangles.
- Seventy two (72) $4^{1 ⁄ 2 "} \times 2^{11 / 2 "}$ rectangles.
- Two hundred sixteen (216) 2½" squares.

Eight (8) $2^{1 ⁄ 21} 2^{\prime \prime}$ squares from fabrics \| \& $P$.
Sixteen (16) $2 ½$ " squares from fabrics $J$ \& $O$.

Sew all rights sides together with $1 / 1 / 1$ seam allowance.

- For the construction of this quilt top, you'll need to make a total of thirty six (36) blocks, there are eight (8) different fabric combinations for the blocks construction, follow the intructions below for the construction of Block \#1, repeat the same instructions to construct the blocks that follow along the instructions.
BLOCK \#1
- For the construction of the blocks you'll need to construct two (2) sections.
- Start with Section \#1.

SECTION \#1

- For section \#1 bring two (2) $2^{11 / 2 " ~ s q u a r e s ~ f r o m ~}$ fabric R, one (1) $2^{1 / 2} 2^{\prime \prime}$ square from fabrics Q \& I and one (1) $4^{1} / 2 " \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric $R$.
- Attach two (2) $2^{1 ⁄ 2} 2^{\prime \prime}$ squares from fabric $R$ with one (1) $2^{1 / 2} 2^{\prime \prime}$ square from fabric $Q$ in the order RQR.
- Press and set aside.


DIAGRAM 1

- Attach one (1) $41 / 2^{\prime \prime} \times 2^{1 / 2}$ " rectangle from fabric $R$ with one (1) $2^{1 ⁄ 2} 2^{\prime \prime}$ square from fabric II in the order RI.
- Press.


DIAGRAM 2

- Attach the rows together following the diagram below, press and aside.
- Make a total of four (4) Block \#1, section \#1.



## SECTION \#2

- For section \#2 bring two (2) $2^{1 ⁄ 2}$ " squares from fabric A, one (1) $2^{1 / 2} \Sigma^{\prime \prime}$ square from fabrics R \& J and one (1) $4^{11 / 2 " ~} \times 2^{11 / 2 "}$ rectangle from fabric A.
- Attach two (2) $2^{1} 12^{\prime \prime}$ squares from fabric A with one (1) $2^{1 / 2}$ " square from fabric $R$ in the order ARA.
- Press and set aside.


DIAGRAM 4

- Attach one (1) $4^{1 / 2} 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric A with one (1) $2^{1 ⁄ 2} / 2^{\prime \prime}$ square from fabric J in the order AJ.
- Press.


DIAGRAM 5

- Attach the rows together following the diagram below, press and aside.
- Make a total of four (4) Block \#1- section \#2.


DIAGRAM 6

- For the construction of one (1) Block \#1 bring two (2) section \#1 and section \#2 blocks.
- Attach one section \#1 and section \#2 together and create two rows as shown in the diagram below.


DIAGRAM 7

- Attach the rows together and press.
- Make two (2) Block \#1


DIAGRAM 8

## BLOCK \#2

## SECTION \#1

- For section \#1 bring two (2) $21 / 2$ " squares from fabric $R$, one (1) $2^{11 / 2 " ~ s q u a r e ~ f r o m ~ f a b r i c s ~} Q \&$ P and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric R.
- Repeat the previous instructions for section \#1.
- Make a total of four (4)


DIAGRAM 9

## SECTION \#2

- For section \#2 bring two (2) $2^{112} 2^{\prime \prime}$ squares from fabric $H$, one (1) $21 / 2^{\prime \prime}$ square from fabrics $R \& P$ and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric $H$.
- Repeat the previous instructions for section \#2.
- Make a total of four (4)


DIAGRAM 10

- Repeat the previous instructions for Block \#1.
- Make two (2) Block \#2


DIAGRAM 11
BLOCK \#3

SECTION \#1

- For section \#1 bring two (2) $2^{1 ⁄ 21} 2^{\prime \prime}$ squares from fabric $R$, one (1) $2^{1 / 2} 2^{\prime \prime}$ square from fabrics $Q \&$ $J$ and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric R.
- Repeat the previous instructions for section \#1.


## SECTION \#2

- For section \#2 bring two (2) $21 / 2$ " squares from fabric $B$, one (1) $2^{1} / 2^{\prime \prime}$ square from fabrics $R \& J$ and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric B.
- Repeat the previous instructions for section \#2.
- Make a total of eight (8) for each section.


DIAGRAM 12

- Repeat the previous instructions for Block \#1.
- Make four (4) Block \#3


DIAGRAM 13

BLOCK \#4

## SECTION \#1

- For section \#1 bring two (2) $2^{1 ⁄ 21} 2^{\prime \prime}$ squares from fabric $R$, one (1) $2^{1} / 2^{\prime \prime}$ square from fabrics $Q$ \& O and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric R.
- Repeat the previous instructions for section \#1.


## SECTION \#2

- For section \#2 bring two (2) $2^{112} 2^{\prime \prime}$ squares from fabric $G$, one (1) $2^{1} / 2^{\prime \prime}$ square from fabrics $R \& O$ and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric $G$.
- Repeat the previous instructions for section \#2.
- Make a total of eight (8) for each section.


DIAGRAM 14

- Repeat the previous instructions for Block \#1.
- Make four (4) Block \#4


DIAGRAM 15
BLOCK \#5

## SECTION \#1

- For section \#1 bring two (2) $21 / 2$ " squares from fabric R, one (1) $2^{11 / 2 "}$ square from fabrics Q \& K and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric R.
- Repeat the previous instructions for section \#1.


## SECTION \#2

- For section \#2 bring two (2) $2^{1 ⁄ 2} 2^{\prime \prime}$ squares from fabric C, one (1) $21 / 2^{\prime \prime}$ square from fabrics $R \& K$ and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} / 2^{\prime \prime}$ rectangle from fabric $C$.
- Repeat the previous instructions for section \#2.
- Make a total of twelve (12) for each section.


DIAGRAM 16

- Repeat the previous instructions for Block \#1.
- Make six (6) Block \#5


DIAGRAM 17

## BLOCK \#6

SECTION \#1

- For section \#1 bring two (2) $2^{11 / 2 "}$ squares from fabric $R$, one (1) $2^{1} / 2^{\prime \prime}$ square from fabrics $Q \&$ $L$ and one (1) $4^{1 / 2 "} \times 2^{1 / 2 "}$ rectangle from fabric R.
- Repeat the previous instructions for section \#1.


## SECTION \#2

- For section \#2 bring two (2) $21 / 2$ " squares from fabric $D$, one (1) $2^{1} / 2^{\prime \prime}$ square from fabrics $R \& L$ and one (1) $4^{1} / 2^{\prime \prime} \times 2^{1} 2^{\prime \prime}$ rectangle from fabric $D$.
- Repeat the previous instructions for section \#2.
- Make a total of twelve (12) for each section.


DIAGRAM 18

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DIAGRAM 19

## BLOCK \#7

## SECTION \#1

- For section \#1 bring two (2) $2^{1 / 2}$ " squares from fabric $R$, one (1) $2^{1 / 2} 2^{\prime \prime}$ square from fabrics $Q$ \& $M$ and one (1) $4^{1 / 2 "} \times 2^{1 / 2} 2^{\prime \prime}$ rectangle from fabric R.
- Repeat the previous instructions for section \#1.


## SECTION \#2

- For section \#2 bring two (2) $2^{1 ⁄ 2} / 2^{\prime \prime}$ squares from fabric E, one (1) $2^{1 / 2} 2^{\prime \prime}$ square from fabrics R \& M and one (1) $4^{11 / 2 " ~} \times 2^{11 / 2 " ~ r e c t a n g l e ~ f r o m ~}$ fabric E.
- Repeat the previous instructions for section \#2.
- Make a total of twelve (12) for each section.


DIAGRAM 20

- Repeat the previous instructions for Block \#1.
- Make six (6) Block \#7


DIAGRAM 21

## BLOCK \#8

## SECTION \#1

- For section \#1 bring two (2) $2^{1 ⁄ 2} / 2^{\prime \prime}$ squares from fabric R, one (1) $2^{1 / 2} 2^{\prime \prime}$ square from fabrics Q \& $N$ and one (1) $4^{1 / 2 "} \times 2^{1 / 2 "}$ rectangle from fabric R.


DIAGRAM 25

## ROW \#3

- Follow the diagram below for row \#1 block combinations and direction: block 5, block 6, block 7-flip- block 7 , block 6, block 5 .


DIAGRAM 26

## ROW \#4

- Follow the diagram below for row \#1 block combinations and direction: block 6, block 7 . block 8-flip- block 8, block 7, block 6.


DIAGRAM 27

## ROW \#5

- Follow the diagram below for row \#1 block combinations and direction: block 7, block 8, block 4-flip- block 4, block 8, block 7.


DIAGRAM 28

## ROW \#6

- Follow the diagram below for row \#1 block combinations and direction: block 8, block 4 , block 2-flip- block 2, block 4, block 8.


DIAGRAM 29

- Attach the rows together.


DIAGRAM 30

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.


## BINDING

Sew rights sides together.

- Cut enough strips $1^{1 ⁄ 2}$ " wide by the width of the fabric $S$ to make a final strip 300 " long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5 " tail. Sew with $1 / 4^{\prime \prime}$ seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching $1 / 4$ " before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of $45^{\circ}$ and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at $1 / 4$ " of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to $1 / 4$ " and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.



## Congratulations



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NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies

Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.


[^0]:    - Repeat the previous instructions for Block \#1.
    - Make six (6) Block \#6

