SHAPE UP

FEATURING DAYDREAM COLLECTION BY PATTY BASEMI

FREE PATTERN

ANGLES
A DIVISION OF AGF
SHAPE UP
QUILT DESIGNED BY AGFstudio

FABRICS DESIGNED BY PATTY BASEMI

DDR-25441
GIRL AT HEART

DDR-25442
SWEET DREAMLAND

DDR-25444
GENTLE PETALS

DDR-25445
DOLLHOUSE TOWN

DDR-25446
PLAYING DRESS UP

DDR-25447
BLOOMING ICE CREAM

DDR-25448
LITTLE KEEPSAKES

DDR-25449
BEST FRIENDS FOREVER

DDR-25451
WISH JARS

© 2020 Courtesy of Art Gallery Quilts LLC. All Rights Reserved.
ADDITIONAL BLENDERS FOR THIS PROJECT

PE-408 WHITE LINEN
PE-446 HONEYDEW
PE-411 QUARTZ PINK
PE-488 BLOSSOMED
FINISHED SIZE | 74" × 76"

FABRIC REQUIREMENTS

<table>
<thead>
<tr>
<th>Fabric</th>
<th>Code</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>DDR-25441</td>
<td>⅛ yd.</td>
</tr>
<tr>
<td>B</td>
<td>DDR-25442</td>
<td>¾ yd.</td>
</tr>
<tr>
<td>C</td>
<td>DDR-25444</td>
<td>ⅆ yd.</td>
</tr>
<tr>
<td>D</td>
<td>DDR-25445</td>
<td>½ yd.</td>
</tr>
<tr>
<td>E</td>
<td>DDR-25446</td>
<td>ⅈ yd.</td>
</tr>
<tr>
<td>F</td>
<td>DDR-25447</td>
<td>ⅈ yd.</td>
</tr>
<tr>
<td>G</td>
<td>DDR-25448</td>
<td>ⅆ yd.</td>
</tr>
<tr>
<td>H</td>
<td>DDR-25449</td>
<td>ⅈ yd.</td>
</tr>
<tr>
<td>I</td>
<td>DDR-25451</td>
<td>ⅈ yd.</td>
</tr>
<tr>
<td>J</td>
<td>PE-408</td>
<td>3 yd.</td>
</tr>
<tr>
<td>K</td>
<td>PE-446</td>
<td>¼ yd.</td>
</tr>
<tr>
<td>L</td>
<td>PE-411</td>
<td>¼ yd.</td>
</tr>
<tr>
<td>M</td>
<td>PE-488</td>
<td>⅊ yd.</td>
</tr>
</tbody>
</table>

BACKING FABRIC

DDR-25445 5 yds (Suggested)

BINDING FABRIC

Fabric A DDR-25441 (Included)

CUTTING DIRECTIONS

¼" seam allowances are included. WOF means width of fabric. RSF means right side of fabric.

- One (1) 12½" × 7½" rectangle from fabric B.
- One (1) 9½" × 5 ½" rectangle from fabric B.
- One (1) 13" × 3 ½" rectangle from fabric B.
- Three (3) 6 ½" × 3 ½" rectangles from fabric B.
- One (1) 12" × 4 ½" strip from fabric B.
- Six (6) 3 ½" squares from fabrics B, F and L.
- Four (4) templates a from fabrics B, E and H.
- Twenty-four (24) 3 ½" squares from fabric C.
- One (1) 18½" × 3½" strip from fabric C.
- One (1) 23" × 2½" strip from fabric C.
- Four (4) 6½" × 3½" rectangles from fabric C.
- One (1) 6" × 2½" rectangle from fabric C.
- Two (2) 8½" × 5½" rectangle from fabric D.
- Seven (7) 6½" × 3½" rectangles from fabric D.
- One (1) 12" × 3½" rectangle from fabric D.
- One (1) 10½" × 4½" rectangle from fabric D.
- One (1) 9½" × 3½" rectangle from fabric D.
- One (1) 9" × 5½" rectangle from fabrics D and M.
- One (1) 14½" square from fabric E.
- One (1) 14½" × 6½" rectangle from fabrics E and F.
- One (1) 13½" × 6½" rectangle from fabric E.
- One (1) 14½" × 9" rectangle from fabric E.
- One (1) 12½" × 2" rectangle from fabric E.
- Two (2) templates a from fabric F.
- Three (3) 6½" × 3½" rectangles from fabric F.
- One (1) 6½" × 5½" rectangle from fabric F.
- One (1) 16" × 5½" rectangle from fabric F.
- One (1) 14½" × 6½" strip from fabric F.
- One (1) 6½" × 3½" rectangle from fabric G.
- One (1) 8½" × 4½" rectangle from fabric G.
- One (1) 10½" × 5½" rectangle from fabric G.
• One (1) 19” x 6” rectangle from fabric G.
• One (1) 3½” x 3” rectangle from fabric G.
• One (1) 8½” x 7½” rectangle from fabric G.
• One (1) 6½” x 3” rectangle from fabric G.
• One (1) 34½” x 2½” rectangle from fabric G.
• One (1) 15½” x 7½” rectangle from fabric H.
• One (1) 9½” x 4½” rectangle from fabric H.
• One (1) 18½” x 2½” strip from fabric H.
• One (1) 14½” x 8½” rectangle from fabric H.
• One (1) 20” x 3½” rectangle from fabric I.
• One (1) 15½” x 1½” strip from fabric I.
• One (1) 16½” x 2½” strip from fabric I.
• One (1) 3½” x 2½” rectangle from fabric I.
• One (1) 8½” x 6½” rectangle from fabric I.
• One (1) 11” x 4½” rectangle from fabrics I and M.
• One (1) 8½” x 5½” rectangle from fabric I.
• One (1) 6½” x 6” rectangle from fabric I.
• One (1) 4½” x 3½” rectangle from fabric I.
• One (1) 8½” x 7½” rectangle from fabric I.
• Two (2) 2½” x 2” rectangles from fabric J.
• One (1) 6½” x 3½” rectangles from fabric J.
• Three (3) 8½” x 2½” strips from fabric J.
• Two (2) 9½” x 2½” strips from fabric J.
• Twelve (12) 12½” x 2½” strips from fabric J.
• Three (3) 18½” x 2½” strips from fabric J.
• Two (2) 25½” x 2½” strips from fabric J.
• Two (2) 29” x 2½” strips from fabric J.
• One (1) 4½” x 2” strip from fabric J.
• One (1) 21” x 2½” strip from fabric J.
• One (1) 23” x 2½” strip from fabric J.
• One (1) 31” x 2½” strip from fabric J.
• Four (4) 14½” x 2½” strips from fabric J.
• One (1) 34½” x 2½” strips from fabric J.
• Two (2) 15½” x 2½” strips from fabric J.
• Four (4) 20” x 2½” strips from fabric J.
• Three (3) 10½” x 2½” strips from fabric J.
• Two (2) 32½” x 2½” strips from fabric J.
• Three (3) 6½” x 3½” strips from fabric J.
• One (1) 12” x 1½” strip from fabric J.
• Two (2) 20½” x 1½” strips from fabric J.
• One (1) 3½” x 2½” strip from fabric J.
• One (1) 7½” x 2½” strip from fabric J.
• Two (2) 11” x 2½” strips from fabric J.
• One (1) 14½” x 2½” strips from fabric J.
• Four (4) 20” x 2½” strips from fabric J.
• Three (3) 6½” x 3½” strips from fabric J.
• One (1) 12” x 2½” strip from fabric J.
• Eight (8) 3½” squares from fabric K.
• One (1) 42½” x 3½” strip from fabric K.
• One (1) 33” x 1½” strip from fabric J.
• One (1) 12” x 2½” strip from fabric J.
• One (1) 19” x 6½” rectangle from fabric M.
• One (1) 6½” x 3½” rectangle from fabrics K and M.
• Seven (7) 6½” x 3½” rectangles from fabric L.
• One (1) 12½” x 3½” rectangle from fabric M.
• One (1) 19” x 6½” rectangle from fabric M.
Sew all rights sides together with ¼"seam allowance.

**FLYING GEESE**

- Start with the fourteen different flying geese combinations.

- Bring all the 6½" x 3½" rectangles from fabrics B, C, D, F, G, K & L and all the 3½" squares from fabrics B, C, F, K & L.

- For the first flying geese combination, KBK, take two 3½" squares from fabric K and one 6½" x 3½" rectangle from fabric B.

- Place one fabric K square on top of the fabric B rectangle.

- Align it to the left side of the rectangle, RSF together and draw a diagonal line on top of the square as shown in Diagram 1.

- Stitch on the drawn line.

- Trim the rectangle corner excess fabric and press open.

- Now, repeat the same procedure on the right side with the remaining fabric K 3½" square.

**DIAGRAM 1**

**DIAGRAM 2**

**DIAGRAM 3**
• Repeat the previous steps for the remaining flying geese combinations.
• Refer to the diagram below for combinations and quantities, when you are done set aside.

<table>
<thead>
<tr>
<th>Flying Geese Combination</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>KBK</td>
<td>1</td>
</tr>
<tr>
<td>LBL</td>
<td>2</td>
</tr>
<tr>
<td>FCF</td>
<td>1</td>
</tr>
<tr>
<td>KCK</td>
<td>2</td>
</tr>
<tr>
<td>KDK</td>
<td>1</td>
</tr>
<tr>
<td>CDC</td>
<td>5</td>
</tr>
<tr>
<td>LDL</td>
<td>1</td>
</tr>
<tr>
<td>CFC</td>
<td>2</td>
</tr>
<tr>
<td>BFB</td>
<td>1</td>
</tr>
<tr>
<td>FGF</td>
<td>1</td>
</tr>
<tr>
<td>CKC</td>
<td>1</td>
</tr>
<tr>
<td>FLF</td>
<td>1</td>
</tr>
<tr>
<td>BLB</td>
<td>2</td>
</tr>
<tr>
<td>CLC</td>
<td>4</td>
</tr>
</tbody>
</table>

Now that you got all the flying geese combinations, it is time to construct the six different flying geese strip combinations.

**FLYING GEESE STRIP 1**

- BFB - BLB - CDC - CLC - CKC.

**FLYING GEESE STRIP 2**

- BLB - KBK - CLC - FLF.

**FLYING GEESE STRIP 3**

- CDC - CFC - LDL - FCF.

**FLYING GEESE STRIP 4**

- LBL - CDC - LBL - KCK.
HALF CIRCLE

- Join template a and template b following the fabric combinations below.

  - JB - 4
  - JE - 4
  - JH - 4
  - JF - 2

SECTION #1

- This quilt will be built in three different sections.
- Start with section #1.

Panel #1

- Section #1 is divided in three different panels.
- To start panel #1 take one 18½" x 2" strip from fabric H, one 2½" x 2" rectangle from fabric J and one 6" x 2½" rectangle from fabric C.
- Attach them in the order HJC.
- Press and set aside.

- Now, take one 6½" x 3½" rectangles from fabrics C, J and M.
- Attach them in the order CJM.
- Press and set aside.
• Take one 8½” x 6½” rectangle from fabric I, one 8½” x 2½” strip from fabric J and one 8½” x 4½” rectangle from fabric G
  • Attach them in the order IJG.
  • Press and set aside.

• Take the CJM unit, two 9½” x 2½” strips from fabric J, one 9½” x 5½” rectangle from fabric B and one 9½” x 3½” rectangle from fabric D.
  • Attach them vertically the order CJM-J-B-J-D.
  • Press and set aside.

• Now, take two 18½” x 2½” strips from fabric J and attach them in-between the previous made pieces as shown in the diagram below.
  • Press.

• Take the IJG unit, two 12½” x 2½” strips from fabric J and one JE half circle block.
  • Attach them vertically the order J-JE-J-IJG.
  • Press and set aside.

• Now, take two 25½” x 2½” strips from fabric J and the HJC strip made in diagram 1.
  • Attach all the pieces together as shown in the diagram below.
Press.
Voilà! panel #1 for section #1 is done.

Panel #2

Move on with panel #2.

Take one 14½” x 6½” rectangle from fabric F, one 6½” x 3” strip from fabric J and the FLYING GEESE STRIP 5.

Attach them as shown in the diagram below.

Bring two 29” x 2½” strips from fabric J.
Attach them to the top and bottom edge.
Press and set aside.

Take one 16½” x 2½” strip from fabric I, one 2” x 2½” rectangle from fabric J and one 3½” x 2½” rectangle from fabric I.
Attach them in the order IJ.
Press and set aside.

Take one 9½” x 4½” rectangle from fabric H, one 4½” x 2” from fabric J and one 10½” x 4½” rectangle from fabric D.
Attach them in the order HJD.
Press.

Take the last two sewn pieces and one 21” x 2½” strip from fabric J.
Attach them together as shown in the diagram below.
Press.

Now, bring one 8½” x 2½” strip from fabric J.
Attach it to the right side of the sewn piece.
Press.
• Now, bring one 23” x 2½” strip from fabrics C & J.

• Attach them to the bottom of the previous sewn piece in the order J-C.

• Press.

• Take one JH half circle block and attach it to the left side of panel #2.

• Press.

• Now bring the piece that was sewn on diagram 16 and attach it to the top edge of panel #2.

• Press.

• To finalize panel #2 take one 31” x 2½” strip from fabric J and attach it to the bottom edge of the panel.

• Press.

• Voila! panel #2 for section #1 is done.

• Take one 23½” x 2½” strip from fabric J and attach it to the right edge of the panel.
Panel #3

- Move on with panel #3.
- Take one 6½” x 3” rectangle from fabric G, one 6½” x 2½” strip from fabric J and one 14½” x 6½” rectangle from fabric E.
- Attach them in the order GJE.
- Press and set aside.

Now, take one 9” x 5½” rectangle from fabrics D, one 5½” x 2½” strip from fabric J and 8½” x 5½” rectangle from fabric I.
- Attach them in the order DJI.
- Press.

Bring the sewn pieces for panel #3 and one 19” x 6” rectangle from fabric G, three 19” x 2½” strips from fabric J and one 19” x 2” strip from fabric J.
- Attach them as shown in the diagram below.

- Press.
- Voila! panel #3 for section #1 is done.

SECTION #1 ASSEMBLY

- Attach the three panels together in the order panel #1 - panel #2 - Panel #3
- Press and set aside.

SECTION #2

- Move forward with section #2.

Panel #1

- Section #2 is divided in two different panels.
- To start with panel #2 take FLYING GEESE STRIPE 3 and one 6½” x 3½” strip from fabric J.
- Attach the J strip on the right side of the FLYING GEESE STRIPE 3.
- Press.
• Bring two 14½” x 2½” strips from fabric J.
• Attach the J strips to the top and bottom of the previous sewn piece.
• Press and set aside.

• Take one 8½” x 7½” rectangle from fabric I, one 8½” x 2½” strip from fabric J and one 8½” x 5½ rectangle from fabric D.
• Attach them in the order IJD.
• Press.

• Take one 14½” x 2½” strip from fabric J, and attach it to the top edge.
• Press.

• Now, bring the sewn piece in diagram 31 and one 14½” square from fabric E.
• Attach them as shown in the diagram below and press.

• Take one 34½” x 2½” strip from fabric J.
• Attach it to the right side of the piece.
• Press and set aside.

• Take one 12½” x 3½” strip from fabric M and one 12½” x 2½” strip from fabric J.
• Attach them in the order MJ.
• Press and set aside.
• Take one 18½" x 3½" strip from fabric C and one 18½" x 2½" strip from fabric J.
• Attach them in the order CJ.
• Press.

• Now, take one 15½" x 7½" rectangle from fabric H, two 15½" x 2½" strips from fabric J and one 15½" x 1½" strip from fabric I.
• Attach them in the order HJJI.
• Press.

• Now, take one 16" x 5½" rectangle from fabric F and two 5½" x 2½" strips from fabric J.
• Attach them in the order JFJ.
• Press.

• Bring one JF half circle block, three 12½" x 2½ strips from fabric J and one 12½" x 7½" rectangle from fabric B.
• Attach them alternating the J strips with the sewn pieces as shown in the diagram below.
• Press.

• Now, bring the sewn piece in diagram 36 and two 5½" x 2½" rectangles from fabric J.
• Attach them alternating fabric J rectangles with the sewn pieces as shown in the diagram below.
• Press and set aside.

• Now, bring the piece sewn in diagram 35 and attach it to the left side of the previous made piece.
• Press and set aside.
• Take the FLYING GEESE STRIP 6, one JB half
  circle block, three 12½” x 2½” strips from fabric J
  and one 12½” x 2” strip from fabric E.
• Attach them in the order J - FG6 - J - E - J - JB.
• Press.

• Bring the piece sewn in diagram 42 and one
  20” x 2½” strip from fabric J.
• Attach them as shown in the diagram below.
• Press and set aside.

• Take JE half circle block, one 6½” x 2½” strip
  from fabric J and one 6½” x 6” rectangle
  from fabric I.
• Attach them in the order JE - J - I.

• Now, bring one 20” x 2½” strip from fabric J
  and one 20” x 3½” rectangle from fabric I.
• Attach them as shown in the diagram below.

• Bring the piece sewn in diagram 44 and
  attach it to the top.
• Press.

• Now, bring two 20” x 2½” strips from fabric J
  and attach them to the bottom and top
  sides.
• Press and set aside.

• Bring the piece sewn in diagram 42 and one
  20” x 2½” strip from fabric J.
• Attach them as shown in the diagram below.
• Press and set aside.
• Bring the piece sewn in diagram 41 and attach it to the left side of the previous sewn piece.
• Press and set aside.

![Diagram 49]

• Take one JB half circle, one 6½" x 2½" rectangle from fabric J and one 19" x 6½" rectangle from fabric M.
• Attach them in the order JB-J-M.
• Press and set aside.

![Diagram 50]

• Then take one 32½" x 2½" from fabric J and attach it to the top edge of the previous sewn piece.
• Press and set aside.

![Diagram 51]

• Take the FLYING GEESE STRIP 1 and two 6½" x 3" rectangles from fabric J.
• Attach the fabric J rectangles on the top and bottom of the FLYING GEESE STRIP 1 edges.
• Press.

![Diagram 52]

• Now, bring two 20½ x 1½" strips from fabric J.
• Attach the fabric J strips on the FLYING GEESE STRIP 1 side edges.
• Press.

![Diagram 53]

• Bring back the sewn piece in diagram 51 and attach it with the previous sewn piece as shown in the diagram below.
• Press.

![Diagram 54]
• Bring back the sewn piece in diagram 49 and attach on top of the previous sewn piece as shown in the diagram below.

DIAGRAM 55

• Press.

• Voila! panel #1 for section #2 is done.

DIAGRAM 56

Panel #2

• For panel #2 start with

• To start with panel #2 take one (1) 4½” x 3½” rectangle from fabric I one 3½” x 2½” rectangle from fabric J and one (1) 13” x 3½” rectangle from fabric B.

• Attach them in the order JIB.

• Press.

DIAGRAM 57

• Now bring two 19” x 2½” strips from fabric J and attach them to the top and bottom of the previous sewn piece.

• Press and set aside.

DIAGRAM 58

• Take one 9” x 5½” rectangle from fabric M and one 9” x 2½” strip from fabric J.

• Attach them as shown in the diagram below.

• Press.

DIAGRAM 59

• Now bring one 8½” x 7½” rectangle from fabric G and one 7½” x 2½” strip from fabric J.

• Attach them as shown in the diagram below.

• Press.

DIAGRAM 60
• Bring back the sewn piece in diagram 58 and attach it on top of the previous sewn piece as shown in the diagram below.
• Press and set aside.

• Take one 11” x 4½” rectangle from fabrics M & I and two 11” x 2½” strips from fabric J.
• Attach them in the order JMJI.
• Press.

• Now bring one 12½” x 2½” strip from fabric J and the FLYING GEESE STRIP 4.
• Attach them as shown in the diagram below.
• Press and set aside.

• Take one 14½” x 9” rectangle from fabric E, one 14½” x 2½” strip from fabric J and one 14½” x 8½” rectangle from fabric H.
• Attach in the order EJH.
• Press.

• Now bring one 19” x 2½” strip from fabric J and attach to the top of EJH.
• Press.

• Bring back the sewn pieces in diagrams 61 and 63.
• Attach them as shown in the diagram below.
• Press.

• Voila! panel #2 for section #2 is done.
SECTION #2 ASSEMBLY

• Attach the two panels together in the order panel #1 - panel #2

• Press and set aside.

SECTION #3

• Move forward with section #3.

Panel #1

• Section #3 is divided in three different panels.

• To start with panel #1 take FLYING GEESE STRIP 2, two 6½” x 2½” strip from fabric J, one 6½” x 5½” rectangle from fabric F and one 11½” x 6½” rectangle from fabric E.

• Attach them in the order FLYING GEESE STRIP 2 - J - F - J - E.

• Press.

• Now, bring two 32½” x 2½” strip from fabric J.

• Attach them as shown in the diagram below.

• Press.

• Voilà! panel #1 for section #3 is done.
Panel #2

- To start with panel #2 take three 10½" x 2½" strips from fabric J, one 10½" x 8" rectangle from fabric H and one 10½" x 5½" rectangle from fabric G.
- Attach them in the order JHJGJ.

![Diagram 70](image1)

- Press.
- Voilà! panel #2 for section #3 is done.

Panel #3

- To start with panel #3 take one 12" x 2½" strip from fabric J, one 12" x 1½" strip from fabric J, one 12" x 4½" rectangle from fabric B and one 12" x 3½" rectangle from fabric I.
- Attach them in the order JBJI.
- Press and set aside.

![Diagram 71](image2)

SECTION #3 ASSEMBLY

- Attach the three panels together in the order panel #1 - panel #2 - panel #3.
- Press and set aside.
TOP ASSEMBLY

Sew all rights sides together with ¼"seam allowance.

• Attach the three sections together in the order section #1 - section #2 - section #3.
**QUILT ASSEMBLY**

* Sew rights sides together.

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

**BINDING**

* Sew rights sides together.

- Cut enough strips 1½” wide by the width of the fabric A to make a final strip 310” long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5” tail. Sew with ¼” seam allowance (using straight stitch), aligning the strip’s raw edge with the quilt top’s raw edge.
- Stop stitching ¼” before the edge of the quilt (DIAGRAM B1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¼” of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to ¼” and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.
Congratulations & enjoy

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

© 2020 Courtesy of Art Gallery Quilts LLC. All Rights Reserved.
Template b

SHAPE UP