FINISHED SIZE | 61" x 61"

FABRIC REQUIREMENTS

<table>
<thead>
<tr>
<th>Fabric</th>
<th>Code</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>FUS-B-200</td>
<td>½ yd.</td>
</tr>
<tr>
<td>B</td>
<td>FUS-B-201</td>
<td>¼ yd.</td>
</tr>
<tr>
<td>C</td>
<td>FUS-B-202</td>
<td>½ yd.</td>
</tr>
<tr>
<td>D</td>
<td>FUS-B-203</td>
<td>½ yd.</td>
</tr>
<tr>
<td>E</td>
<td>FUS-B-204</td>
<td>¾ yd.</td>
</tr>
<tr>
<td>F</td>
<td>FUS-B-205</td>
<td>1 yd.</td>
</tr>
<tr>
<td>G</td>
<td>FUS-B-206</td>
<td>¼ yd.</td>
</tr>
<tr>
<td>H</td>
<td>FUS-B-207</td>
<td>3¼ yd.</td>
</tr>
<tr>
<td>I</td>
<td>FUS-B-209</td>
<td>½ yd.</td>
</tr>
</tbody>
</table>

BACKING FABRIC
FUS-B-208 - 4 yds.

BINDING FABRIC
FUS-B-203 - Fabric D (included)

CUTTING DIRECTIONS

Print and cut out Pattern Pieces. Seam allowance, sewing line, pattern notches are included on pattern. WOF means width of fabric.

Twenty-four (24) Pattern Pieces 1-12
Fold fabric in half, right sides together and cut out each pattern piece 12 times for a total of 24 of each pattern piece (12 right sides and 12 left sides).

One (1) Pattern Piece 13
Transfer pattern notches and make small 1/8” clips into the seam allowance on the tight concave edges of pieces 1, 4, 6, 10 and 11.

One (1) 2” x WOF strip each of Fabrics A, B, C, D, E, F, G, I

One (1) 2” x 6’ strip each of Fabrics A, B, C, D, E, F, G, I

Two (2) 29 1/2” x 58” rectangles in Fabric H

CONSTRUCTION

Sew all rights sides together with ¼" seam allowance.

To keep organized (and avoid potential mix-ups and seam-ripping down the road) separate all pattern pieces into a Left-side Mandala Piece gallon zip-loc bag, and a Right-side Mandala Piece gallon zip-loc. Refer to the diagram to know which direction each pattern piece faces in each Mandala piece.
Notes on Sewing the Curves

Matching of the convex and concave curves such as on pieces 1/2, 4/6, 6/7, and 10/11 may seem daunting at first - but don't worry, you'll be an expert in no time!

In each set of pattern pieces there will be one piece that is predominantly a convex curve. This will always be the bottom piece. The piece with mostly concave curves will be the top piece that you manipulate to match the piece below as you go.

The little snips into the concave curves you made after cutting out the pieces will help you match the curves together. While sewing, especially on the tighter curves, only concern yourself with the fabric under your presser foot. Make sure the top fabric isn't pinching together under the needle, make sure your fabric edges are matching up and if needed raise the presser foot (with the needle in the down position) to readjust the fabrics as you go.

I suggest cutting out some test pieces of the above pattern piece combos from scrap fabric and sewing a practice piece together first to get the feel for it. You match the notches and pin to help you, but you may find that you prefer to simply line up your beginning edges together and sew without pinning after sewing the first few.

Remember this quilt is inspired by the mandalas used in meditation, don't stress about perfection, just let your mind rest as you chain-stitch away.

Sewing the Mandala

- Sew together pieces 11 and 12, right sides together, with concave 11 on top of convex edge 12. Align the beginning corners together and stretch the edge of 11 to match 12 as you sew, do not stretch 12. The seam to sew has been marked on the pattern pieces with the pink line. Chain-piece together, keeping the Right Side Mandala separate from the Left Side Mandala. (See diagram 1)
- Sew the corresponding piece 10 onto piece 11. Look at the aqua line on the pattern pieces, this shows the shared seam - not all of piece 10 is sewn onto 11. Take care to match the notches. Stretch 10 to fit 11 (small clips help to do so).
- Chain-piece 9 onto 10.
- Chain-piece 8 onto 9.
- Chain-piece 7 onto 8. Chain-piece 6 onto 7, double-checking that your Right and Left Mandala pieces are matching the illustration. The matching seam is marked on the pattern pieces with an aqua line.
- Chain-piece 6 onto 7, double-checking that your Right and Left Mandala pieces are matching the illustration. The matching seam is marked on the pattern pieces with an aqua line.
- Applique piece 5 to 4, referring to the pattern piece for placement. To make turning under a smooth 1/4” around the circle easier use the freezer paper method: cut out the pattern piece, without seam allowance and trace onto freezer paper, then cut out of freezer paper. Press paper to fabric so it sticks and then use it as a guide to press under the 1/4” seam allowance. Peel the paper off and sew to piece 4 with a blanket stitch.
- Sew the corresponding 4 pieces onto 6, carefully matching notches and referring to the pattern pieces to verify the matching seam marked by an orange line. Note that the bottom edge of 6 is not sewn to 4, nor is the top edge of 4 sewn to 6.
- Chain-piece 3 onto 4.
- Chain-piece 2 onto 3, double checking that the direction of your Right & Left Mandala pieces matches the illustration.
- Chain-piece the corresponding 1 pieces onto 2.
- Congratulations! All the trickiest sewing is behind you! Press your pieces.
- Now pair one Left-Side Mandala Piece with one Right-Side Mandala Piece, right sides together, and pin at the seams to make sure they match. Sew together to get 12 mandala pieces.
- Sew 6 pieces together at the sides, matching seams, right sides together to end up with a top half and a bottom half.
- Sew the halves, right sides together, matching seams to make a full circle. Press.
- Press under 1/4” seam allowance on the outer edge of the Mandala. For a press guide to help, glue pattern piece 1 to some cardstock and cut off the seam allowance on the outer edge. Use this as a press guide by aligning it to 1/4” from the outer edge and pressing the fabric over the edge of the cardstock.
- Prepare the backing fabric by sewing the 29 1/2” x 58” pieces right sides together at the long seam. Press the seam and fold in half and press to make a press line perpendicular to the seam line. Use these two lines to help you center the
• mandala circle onto the backing fabric, carefully smooth out fabric and safety pin together throughout the Mandala. Using a blanket stitch attach the Mandala to the backing fabric.

• Prepare piece 13 using the freezer paper method as for #5 circles. Applique to the center using a blanket stitch.

**Border**

• Sew the WOF strips to each other and the 6’ strips to each other in the following order: Fabric A> b> d> d> d> d> d

• Press and cross-cut every 2’. You will need approximately 24 strips.

• Sew 6 strips together to get 4 strips a little longer than 60’ each.

• Attach strips to the edges of the backing fabric, trimming the strips to match the edges. (see diagram)

**QUILT ASSEMBLY**

Sew rights sides together:

Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.

Place BATTING on top of backing fabric.

Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.

Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.

Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!

After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

**BINDING**

Sew rights sides together:

• Cut five strips 1½” wide by the width of the FUS-B-203 to make a final strip 254” long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5’ tail. Sew with ¼” seam allowance (using straight stitch), aligning the strip’s raw edge with the quilt top’s raw edge.

Stop stitching ¼” before the edge of the quilt (DIAGRAM B1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the
Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).

Trim seam to ¼” and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.

Congratulations! You have finished your beautiful Mandala Quilt! Lay back and enjoy. :)

What is a Mandala?

This design for this quilt was inspired by Mandalas in traditional art and by the classic Dresden quilts. Our Boho Fusions fabrics, full of vibrant, saturated colors and floral patterns were a natural match for the quilt design.

The word Mandala is derived from the Sanskrit word meaning circle, and is a spiritual and ritual symbol in Buddhism and Hinduism representing the universe. Mandalas also show up in the architecture of Christian Cathedrals and Muslim Mosques and many have pointed to echoes of the mandala in the radial geometry of the flowers all around us, and even the planet we live on. Recently, mandala art has been noted for its therapeutic value. It is interesting to note that both Tibetan Buddhism and the Navajo Native Americans practice meditative, ritual making of intricate sand mandalas which take them several days. The Tibetan sand mandalas are ultimately swept away after completion to represent the impermanence of life. There is no need to destroy your newly made quilt though! We at AGF hope that it becomes a treasured part of your home that is used again and again!

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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2. Outer Petal

13. Center
6. Flower Petal
7. Flower Petal

8. Circle Band

10. Background

11. Flower