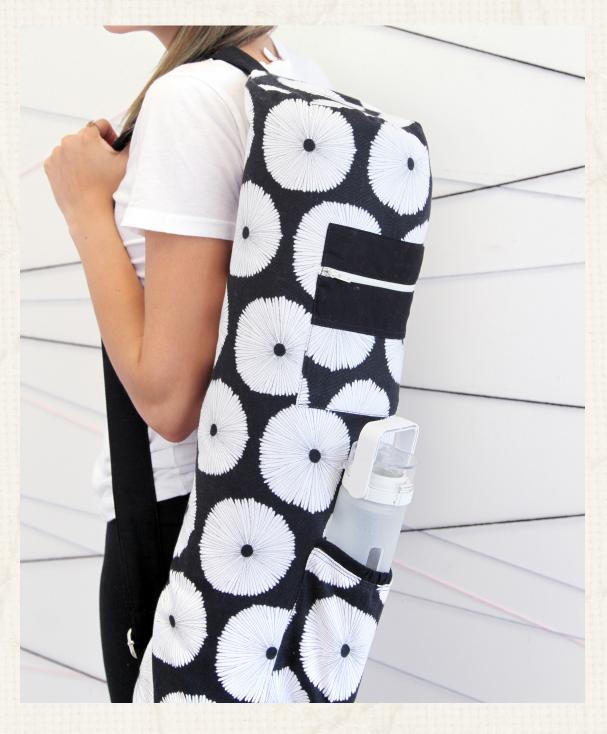
featuring LAGOM collection by AGF STUDIO

Asana

BAG DESIGNED BY AGF STUDIO





BAG DESIGNED BY AGF STUDIO

A yoga mat bag for all your needs! Fits standard & extra thick mats as well!



FABRICS DESIGNED BY AGF STUDIO



LAM-44280



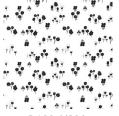
LAM-44281



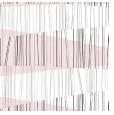
LAM-44282



LAM-44283



LAM-44284



LAM-44285



LAM-44286



LAM-44287



LAM-44288



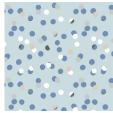
LAM-44289



LAM-54280



LAM-54281



LAM-54282



LAM-54283



LAM-54284



LAM-54285 REALIGNED POWDERED



LAM-54286



LAM-54287



LAM-54288



LAM-54290STICK FOREST OUTLINED







FINISHED SIZE | 6' x 26'

FABRIC REQUIREMENTS

Fabric **A** LAM-44283 ¾ yd. Fabric **B** LAM-54283 ¾ yd. Fabric **C** PE-413 ¼ yd.

Other Materials:

22" zipper, 7" zipper ½" elastic (6") Fusible Interfacing, Fusible Fleece Silver Strap Buckle (inside measurement: 1 ½") Silver D-Ring (inside measurement: 1 ½")

CUTTING DIRECTIONS

WOF: Width of Fabric

One (1) 23' \times 27' rectangle from fabric **A, fusible fleece** Two (2) 7' diameter circles from fabric **A, fusible fleece** One (1) 7 $\frac{1}{2}$ ' \times 4 $\frac{1}{2}$ ' rectangle from fabric **A** One (1) 7' \times 7 $\frac{1}{2}$ ' rectangle from fabric **A**

One (1) 23' x 27' rectangle from fabric $\bf B$ Two (2) 7' diameter circles from fabric $\bf B$ One (1) 7 $\frac{1}{2}$ ' x 2 $\frac{1}{2}$ ' rectangle from fabric $\bf B$ One (1) 7 $\frac{1}{2}$ ' x 6 $\frac{1}{2}$ ' rectangle from fabric $\bf B$ One (1) 7' x 7 $\frac{1}{2}$ ' rectangle from fabric $\bf B$

One (1) 3 ½' x WOF strip from fabric **C**One (1) 3 ½' x 5' rectangle from fabric **C**One (1) 7 ½' x 2 ½' strip from fabric **C**, **Interfacing**One (1) 7 ½' x 3' rectangle from fabric **C**, **Interfacing**One (1) 7 ½' x 2' rectangle from fabric **C**Two (2) 1 ½' x 23' strips from fabric **C**Six (6) 1 ½' squares from fabric **C**Two (2) 1 ½' x 6' strips from fabric **C**

3 ½' x 49' strip from **Fusible Fleece** (The length can be pieced together from shorter strips)

CONSTRUCTION

The Zipper Cellphone Pocket

 Fuse the matching interfacing to the 7 ½ fabric C pieces.

- Take the 7 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " Fabric A piece & pin it to the 7 $\frac{1}{2}$ " x 3" Fabric C piece on the long edge, right sides together .
- Sew the pieces together, press the seam allowance up and top-stitch on either side of the seam at 1/8".

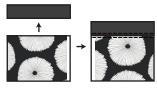


DIAGRAM 1

• Sandwich the ends of the 7" zipper with the 1 ½" fabric C squares by placing them, right sides together, ½" inside the metal stops on either side. Sew at ¼" seam allowance, then flip the squares up so they cover the ends, finger press & top-stitch close to the seam. Trim off the excess zipper ends.

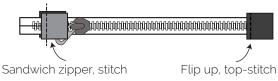
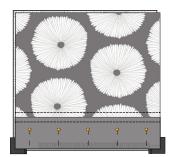


DIAGRAM 2

- Sandwich the bottom edge of the zipper with the pieced fabric A/C piece on top, and the lining piece (7 ½" x 6 ½" fabric B) on the bottom, right sides together, lining up the bottom edge of the zipper with the edges of the fabric. Double check that you pinned the fabric C edge to the zipper. (diagram 3-A)
- Sew with a zipper foot along the edge, close to the zipper. Fold the fabrics down and finger-press or press with iron (taking care with plastic zipper teeth). Top-stitch close to the seam. (diagram 3-b)



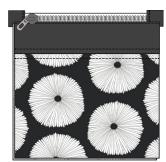
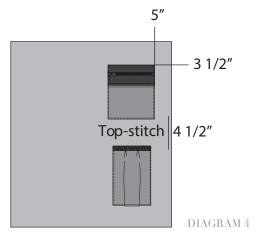


DIAGRAM 3-A

DIAGRAM 3-B

- Repeat this process with the top of the zipper, sandwiching inbetween the 7 ½" x 2 ½" fabric C & matching lining piece.
- Press & trim if necessary to even out edges.
- Serge, overcast stitch or zig-zag stitch around edges.
- Press under edges ½" and pin.

- Take your bag body piece (23" wide x 27" tall, fabric A) and fuse the fusible fleece to the back.
- Measure 3 $\frac{1}{2}$ " from the right edge and 5" from the top edge. Align the upper right corner to this point and pin the pocket in place.
- Top-stitch all around the pocket to secure it in place.



Water Bottle Pocket

- Fold the 7 ½" x 2" fabric C strip in half lengthwise, wrong side together to make a casing for the elastic.
- Sandwich the casing between fabric A & B (7" x 7 ½" pieces), aligning all the 7 ½ raw edges, right sides together. Sew together at %" seam allowance (just under ½").
- Flip down the pocket pieces and press. Topstitch 1/4" away from the seam.
- Attach a safety pin to an end of the 6" piece of elastic and thread through the casing.
- With the ends of the elastic poking out a ½" from the casing pin and sew the elastic at the edges and trim off excess elastic.
- Serge, overcast stitch or zig-zag stitch around edges.
- Press under edges ½" and pin.
- Center under the zipper pocket and align the top edge 4 ½" from the bottom edge of the zipper pocket. Pin the top of the water bottle pocket in place (should measure 4 ½" across elastic top.)
- Make two ½" box pleats on the bottom of the pocket piece so that the bottom measures 4 ½" across as well. Pin pleats in place and pin the rest of the pocket.
- Double check that the pocket is parallel to the edges of the bag body & other pocket and top-stitch all around the pocket sides and bottom to secure it in place.

Attaching the Main Zipper

Encase the zipper ends in the same manner as with the 7" zipper and diagram 2.

- Encase the top of the zipper with the 1 ½" fabric C squares and the bottom of the zipper with the 1 ½" x 6" strips.
- Trim excess on the sides so that the fabric is the same width as the zipper. Trim the excess zipper.
- Sandwich the left edge of the zipper with the main bag body piece and the matching lining piece on the 27" sides, fabric pieces right sides together. Double-check that the 27" side closest to the pockets is the one pinned to the zipper. (Diagram 5)

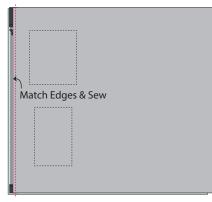


DIAGRAM 5

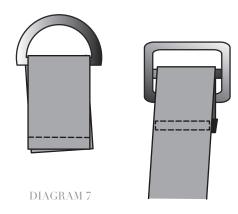
- Sew with a zipper foot along the edge, close to the zipper. Fold the fabrics down and press (taking care with plastic zipper teeth). Topstitch close to the seam.
- For the other side of the zipper take the exterior fabric piece and fold it over itself (right side together) to match the right edge of the zipper to the free edge of the fabric.
- Do the same with the lining fabric in the back, fold it over itself, right side together to match the edge to the edge of the zipper. The zipper edge will be sandwiched between fabrics with right sides together. (Diagram 6)



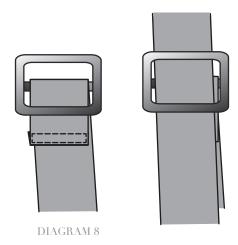
- Turn the tube right side out by turning the exterior fabric fold inside out. The exterior fabric should be right side out, with the lining fabric right side out inside the tube.
- Press the fabric back from the seam with the help of a seam roll and then top-stitch close to the zipper as with the other side.

Preparing the Strap

- Press the 3 ½" Fabric C strips in half lengthwise.
 Fuse the 1 ¼" fusible fleece strip with the edge aligned to the center press mark.
- Press both ends of the strips in ½" then fold the strips in half, lining up the edges and then press and pin together.
- Edge stitch both sides of the straps approximately ½" away from the edge.
- Take the 5" long strap piece and fold it over the D-Ring. Baste the edges closed at ½" from the edge. (Diagram 7)
- Take one of the ends of your long strap, trim ends even and press under 1/4".
- Fold the end over the center bar about 1 1/4" and sew the end in place as shown. (Diagram 7)



With the wrong side of the sewn buckle facing you take the long end of the strap and loop it through the D-ring and bring it up guiding it under the buckle end, over the buckle center bar and over the other end. (Diagram 8)



- Measure 4" to the right of the center zipper seam on the exterior of the bag on the top and bottom and mark.
- Pin the end with the D-ring to the bottom of the bag, lining up the left edge to the mark and baste in place at 1/4".



 Pin the other end of the strap to the top of the bag, lining up the left edge to the mark and baste in place at 1/4".

The Bag Ends

- Fuse the fusible fleece to the underside of the exterior fabric 7" circles.
- Match the lining pieces (fabric B) to the exterior fabric circles (fabric A), wrong sides together and baste around the edges at 1/4".
- Turn the bag tube inside out and pin the circles to the tube ends. Clip into seam allowance if needed to help distribute fabric evenly. (Diagram 9)
- Sew at a ½" seam allowance approximately.



DIAGRAM 9

- Reinforce your stitching over the strap ends.
- Trim the seam allowance around the circles to just under 1/4".
- Take your remaining fabric C strips and if you have a ¾" bias tape maker use that to make bias tape. If you don't have a bias tape maker, take your strips and press them in half (lengthwise), then open up and press each edge to the center mark.
- Encase the raw seams in bias tape: Align bias tape with raw edges and start sewing at the first fold mark of the bias tape (just under %" from raw edge) leaving approximately 3" free at the end.
- Stop sewing when you get within 4" of where you started sewing and gather the two loose ends of bias tape, marking where they meet and sewing them right sides together. Trim the seam to 1/4" and finger press open, then finish attaching the bias tape.
- Fold the bias tape to the back pinning in place so that the folded edge in the back extends slightly below the stitch line. Sew in the ditch from the right side, catching the bias tape in the back.
- Turn your bag back right-side out, dust off any stray threads, throw a mat & towel inside, grab a water bottle and head to your yoga studio~ you're finished! Congratulations!





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NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies.

Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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