

featuring #Essentials II



SWEET PEELS



FREE PATTERN

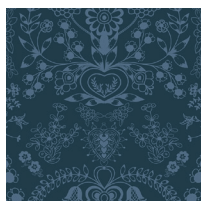
SWEET PEELS

Pat Bravo

essentials II

FABRICS DESIGNED BY PAT BRAVO

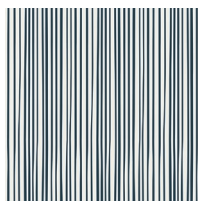
AZUR



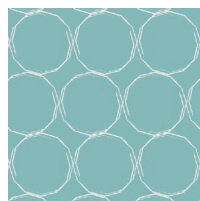
ESS-II - 150
FLORALISM AZUR



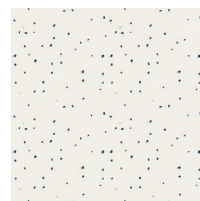
ESS-II - 151
INTERWILL AZUR



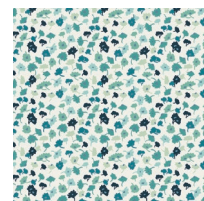
ESS-II - 152
STREAKLY BUSINESS
AZUR



ESS-II - 153
HULA HOOPS AZUR

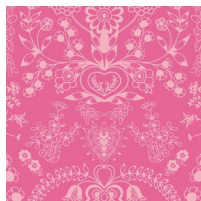


ESS-II - 154
SPECKTACULAR AZUR



ESS-II - 155
DELICATE FEMME AZUR

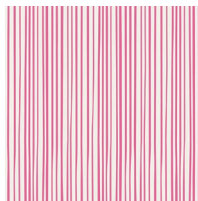
BLUSH



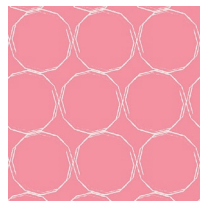
ESS-II - 250
FLORALISM BLUSH



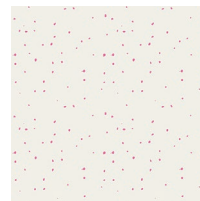
ESS-II - 251
INTERWILL BLUSH



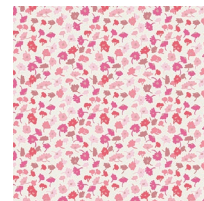
ESS-II - 252
STREAKLY BUSINESS
BLUSH



ESS-II - 253
HULA HOOPS BLUSH



ESS-II - 254
SPECKTACULAR BLUSH



ESS-II - 255
DELICATE FEMME BLUSH

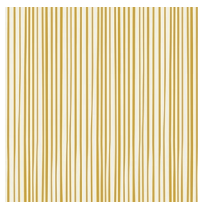
GOLD



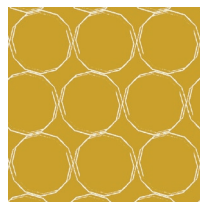
ESS-II - 350
FLORALISM GOLD



ESS-II - 351
INTERWILL GOLD



ESS-II - 352
STREAKLY BUSINESS
GOLD



ESS-II - 353
HULA HOOPS GOLD



ESS-II - 354
SPECKTACULAR BLUSH



ESS-II - 355
DELICATE FEMME GOLD



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FINISHED SIZE | 13'x45'

Fabric A	ESS-II-350	Fat eight.
Fabric B	ESS-II-252	Fat eight.
Fabric C	ESS-II-254	$\frac{3}{8}$ yd.
Fabric D	ESS-II-151	Fat eight.
Fabric E	ESS-II-152	Fat eight.
Fabric F	ESS-II-253	Fat eight.
Fabric G	ESS-II-355	Fat eight.
Fabric H	ESS-II-150	Fat eight.
Fabric I	ESS-II-250	Fat eight.
Fabric J	PE-408	$\frac{3}{8}$ yd.

ESS-II-252 1 yds. (*Suggested*)

ESS-II-254 (Fabric **C**) *(included)*

*1/4" seam allowances are included.
WOF means width of fabric.*

Three (3) 2' x 4' strips from fabric **A**

One (1) 2½' x 11½' strips from fabric **A**

Two (2) 2' x 11½' strips from fabric **B**

Two (2) 2½' x 15½' strips from fabric **C**

One (1) 4' x 10' strips from fabric **C**

Two (2) 2½' x 11½' strips from fabric **D**

Three (3) 4' x 5½' strips from fabric **E**

Two (2) 4' x 10' strips from fabric **F**

Three (3) 2½' x 4' strips from fabric **G**

One (1) 1½' x 15½' strips from fabric **G**

Two (2) 1½' x 15½' strips from fabric **H**

One (1) 2' x 11½' strips from fabric **H**

One (1) 2½' x 15½' strips from fabric I

Eighteen (18) 1' x 15½' strips from fabric J

Three (3) 1' x 2' strips from fabric J

Three (3) 1' x 2½' strips from fabric **J**

Three (3) 1' x 4' strips from fabric J

Sew all rights sides together with ¼" seam allowance.

- There are two block combinations that need to be made for this runner.
- Start with block **a**.
- For the first strip attachment take one 2' x 4' strip from fabric **A**, one 1' x 2' Strip from fabric **J** and one 2' x 11 1/2' strip from fabric **B**.
- Sew this strips together in the order **AJB**, set aside.
- Take one 2½' x 4' strip from fabric **G**, one 1' x 2½' Strip from fabric **J** and one 2½' x 11½' strip from fabric **D**.
- Sew this strips together in the order **GJD**, set aside.
- Take one 4' x 5½' strip from fabric **E**, one 1' x 4' Strip from fabric **J** and one 4' x 10' strip from fabric **F**.
- Sew this strips together in the order **EJK**, set aside.
- At this point all the strips needed for the block are sewn together so take one 2½' x 15½' Strips from fabric **C**, One 1½' x 15½' and six 1' x 15 ½' Strips from fabric **J**.
- Start attaching the strips together on the long side starting with a 1' x 15½' Strips from fabric **J**.
- Follow the diagram below for fabric placement, notice that a 1' x 15½' **G** strip should be in between of every other patchy printed strip.
- Repeat this same block one more time.

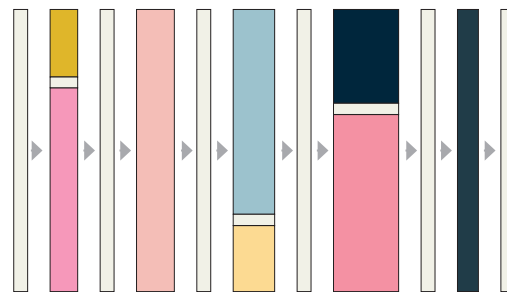


DIAGRAM 1

- The construction of block **b** will be the same as done for block **a** but with different fabric combinations.
- Start by taking one 2' x 4' strip from fabric **A**, one 1' x 2' Strip from fabric **J** and one 2' x 11 1/2' strip from fabric **H**.
- Sew this strips together in the order **AJH**, set aside.
- Take one 2 1/2' x 4' strip from fabric **G**, one 1' x 2 1/2' Strip from fabric **J** and one 2 1/2' x 11 1/2' strip from fabric **A**.
- Sew this strips together in the order **GJA**, set aside.
- Take one 4' x 5 1/2' strip from fabric **E**, one 1' x 4' Strip from fabric **J** and one 4' x 10' strip from fabric **C**.
- Sew this strips together in the order **EJC**, set aside.
- At this point all the strips needed for the block are sewn together so take one 2 1/2' x 15 1/2' Strips from fabric **I**, One 1 1/2' x 15 1/2' from fabric **G** and six 1' x 15 1/2' Strips from fabric **J**.
- Start attaching the strips together on the long side starting with a 1' x 15 1/2' Strips from fabric **J**.
- Follow the diagram below for fabric placement, notice that a 1' x 15 1/2' **G** strip should be in between of every other patchy printed strip.

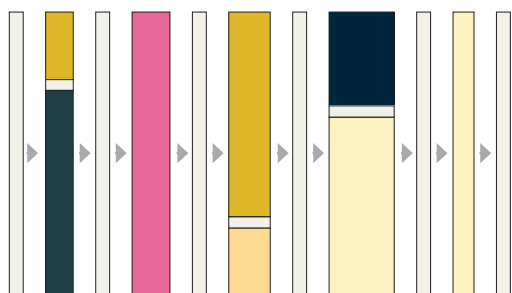


DIAGRAM 2

ASSEMBLING THE TOP

Sew all rights sides together with 1/4" seam allowance. Press open.

- Follow the cover photo to help you in the arrangement of blocks.
- Take the three block and attach them together in the order **aba**.
- Press seams in one direction.



QUILT ASSEMBLY

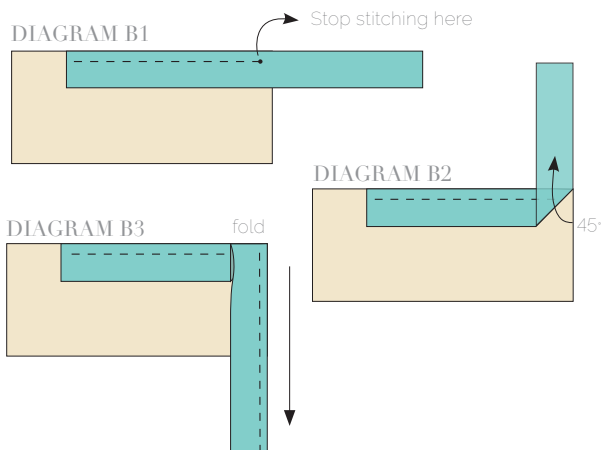
Sew rights sides together.

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

BINDING

Sew rights sides together.

- Cut enough strips $1\frac{1}{2}$ " wide by the width of the fabric **C** to make a final strip 117" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with $\frac{1}{4}$ " seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching $\frac{1}{4}$ " before the edge of the quilt (**DIAGRAM B1**). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (**DIAGRAM B2**). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (**DIAGRAM B3**). Start sewing at $\frac{1}{4}$ " of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to $\frac{1}{4}$ " and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.



Happy Sewing

#PatBravoDesign



To see more patterns, fabrics
and lots of inspiration visit:

patbravo.com

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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