FREE PROJECT SHEET
DESIGNED BY SARAH WATSON
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**COLOR OPTION**

**SPIRIT LAKE**

- IS-50010 Woodland Pine
- IS-50015 Forest Trail Waterfall
- IS-50013 Bullseye Mint
- IS-50011 Menagerie Timberwolf
- IS-50019 Wilderness Rock
- IS-50018 Basket of Thyme

- IS-50014 Native Band Jade
- IS-50017 Pebbled Path River
- IS-50012 Shimmer Creek Aqua
- IS-50016 Drops of Dew

**MYSTIC MOUNTAIN**

- IS-60010 Woodland Oak
- IS-60015 Forest Trail Mountain
- IS-60013 Bullseye Melon
- IS-60011 Menagerie Onyx
- IS-60019 Wilderness Rose
- IS-60018 Basket of Wheat

- IS-60014 Native Band Apricot
- IS-60017 Pebbled Path Terra
- IS-60012 Shimmer Creek Blue
- IS-60016 Drops of Clay

**ADDITIONAL BLENDERS USED**

- PE-433 Snow
- PE-428 Nocturnal
- PE-418 Tile Blue

**KIT QUANTITY**

<table>
<thead>
<tr>
<th>Pattern</th>
<th>Quantity</th>
<th>Fabric</th>
</tr>
</thead>
<tbody>
<tr>
<td>IS-50014</td>
<td>1 1/2 yd.</td>
<td>PE-433 3/8 yd.</td>
</tr>
<tr>
<td>IS-50016</td>
<td>1 1/2 yd.</td>
<td>PE-418 3/8 yd.</td>
</tr>
<tr>
<td>IS-50017</td>
<td>2 1/3 yd.</td>
<td>PE-428 3/8 yd.</td>
</tr>
<tr>
<td>IS-50015</td>
<td>1 1/2 yd.</td>
<td>Backing 3 yd.</td>
</tr>
<tr>
<td>IS-50013</td>
<td>1 1/2 yd.</td>
<td>Backing 3 yd.</td>
</tr>
</tbody>
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**Fabric Requirements**

<table>
<thead>
<tr>
<th>Fabric</th>
<th>Code</th>
<th>Quantity</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>IS-60014</td>
<td>1/2 yd.</td>
</tr>
<tr>
<td>B</td>
<td>IS-60016</td>
<td>1/2 yd.</td>
</tr>
<tr>
<td>C</td>
<td>IS-60017</td>
<td>2/3 yd.</td>
</tr>
<tr>
<td>D</td>
<td>IS-60015</td>
<td>1/2 yd.</td>
</tr>
<tr>
<td>E</td>
<td>IS-60013</td>
<td>1/2 yd.</td>
</tr>
<tr>
<td>F</td>
<td>IS-60018</td>
<td>3/8 yd.</td>
</tr>
<tr>
<td>G</td>
<td>PE-433</td>
<td>1 3/4 yd.</td>
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<tr>
<td>H</td>
<td>PE-418</td>
<td>3/8 yd.</td>
</tr>
<tr>
<td>I</td>
<td>PE-428</td>
<td>3/8 yd.</td>
</tr>
</tbody>
</table>

**Backing Fabric**

3 yds IS-60011 (suggested) plus left overs of the fabrics required above. See instructions.

**Binding Fabric**

PE-428 (Fabric I) (included)

**Cutting Directions**

1/4” seam allowances are included.

**For The Pieced Triangles Block Cut**

Three (3) 2” x WOF strips from fabric A
Three (3) 5” x WOF strips from fabric C
Three (3) 2” x WOF strips from fabric B
Three (3) 2 1/2” x WOF strips from fabric D
Three (3) 5” x WOF strips from fabric E
Three (3) 3 1/2” x WOF strips from fabric F
Eight (8) 17 5/8” x 10 1/2” rectangles from fabric G

Sub-cut four diagonally going up from left to right and four going down from left to right.

**For Flying Geese Columns Cut**

Eight (8) 5” x 5” squares from fabric G
Four (4) 5” x 5” squares from fabric C
Four (4) 5” x 5” squares from fabric B
Eight (8) 5” x 5” squares from fabric A
Eight (8) 5” x 5” squares from fabric D
Eight (8) 5” x 5” squares from fabric B

Sub-cut ALL squares diagonally.

**For Half-Square Triangles Columns**

Four (4) 5” x 5” squares from fabric B
Four (4) 5” x 5” squares from fabric D
Eight (8) 5” x 5” squares from fabric G

Sub-cut ALL squares diagonally.

**For Sashing Cut**

Three (3) 2” x 28 1/4” strips from fabric G
Three (3) 2” x 24 1/4” strips from fabric G

**Special Pieces For Backing**

Use remaining fabric to cut:

- One (1) 6” x WOF strip from fabric A
- One (1) 6” x 14 5/8” strip from fabric A
- One (1) 6” x 4 1/2” rectangle from fabric B
- One (1) 6” x 9 1/2” rectangle from fabric B
- One (1) 6” x WOF strip from fabric C
- One (1) 6” x 14 5/8” strip from fabric C
- One (1) 6” x 9 1/2” rectangle from fabric E
- One (1) 6” x 4 1/2” rectangle from fabric E

You will need a 60° ruler in order to complete this quilt.
Sew all rights sides together with ¼" seam allowance. Press open.

**Pieced Triangles Block**

- Separate all the pieces you cut under "For The Pieced Triangles Block Cut" into three equal groups.
- Grab all of the strips from one group and sew them in the order FEDBCA (DIAGRAM 1).

![Pieced Triangles Block Diagram](image)

- Grab a 60° ruler and trace a line from the left corner up. From that point trace a 120° line to create a triangle. Repeat the two previous steps (DIAGRAM 2).

![Flying Geese Columns Diagram](image)

- Using the ruler and a rotary cutter, carefully cut through the lines drawn on the previous step to obtain three pieced triangles (DIAGRAM 3).

![Diagram](image)

- Repeat the previous steps with the two remaining groups. You will have nine triangles but you will only need eight. Four with Fabric F as the base and four with Fabric A as the base.

**Flying Geese Columns**

Sew all rights sides together with ¼" seam allowance. Press open.

- There are two different types of Flying Geese Columns.
- Grab all of the pieces cut under "For Flying Geese Columns Cut" and pair the triangles following the diagram (DIAGRAM 5).

![Diagram](image)

- Grab the Fabric G triangles obtained when you cut the rectangles on the diagonal and attach one triangle to each side of the pieced triangle pieces [DIAGRAM 4].

![Diagram](image)
**Half-Square Triangles Columns**

Sew all rights sides together with ¼” seam allowance. Press open.

- Grab all of the pieces cut under "For Half-square Triangles Columns" and pair the triangles following the diagram (DIAGRAM 6).

**SASHING ASSEMBLY**

Sew all rights sides together with ¼” seam allowance. Press open.

- Make three groups each containing one 2” x 28 1/4” strip from fabric G and one 24 1/4” strip from fabric G
- Sew each group as to create a longer strip.
- Make sure the shorter strip falls to the right when the right-side of the fabric is facing up.

**ASSEMBLING THE TOP**

Sew all rights sides together with ¼” seam allowance. Press open.

- Follow the cover photo to aid you in assembling this quilt top.
- This top can be divided into four main rows, each containing one Flying Geese Column, two Pieced Triangles Blocks and one Half-square Triangles Column.
- In between rows you should insert a sashing strip making sure that the seam falls exactly matching the seams from the main rows (DIAGRAM 7).

**BACKING ASSEMBLY**

Sew all rights sides together with ¼” seam allowance. Press open.

- These are the instructions for the backing designed by Sarah Watson, but please remember that this is only a suggestion.
- Grab the 3 yds of IS-60011 and all the pieces cut under "Special Pieces for Backing". Cut the 3 yards in half and sew them on the selvage. Grab the small pieces and create two long pieces. Attach the pieces on each of the longer sides of the main piece following the diagram (DIAGRAM 8).
QUILT ASSEMBLY
Sew right sides together.

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Make sure that you center the top and the backing since this quilt has the special design for the backing.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motives are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

BINDING
Sew right sides together.

- Cut enough strips 1½” wide by the width of the fabric to make a final strip 262” long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5” tail. Sew with ¼” seam allowance (using straight stitch), aligning the strip’s raw edge with the quilt top’s raw edge.
- Stop stitching ¼” before the edge of the quilt (DIAGRAM B1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¼” of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to ¼” and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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