\{FEATURING NORDIKA COLLEČTION $\}$



## CUTTING DIRECTIONS (CONTD)

## Fabric H

Three (3) $41 / 2$ " x WOF strip

- subcut 1 (one) strip into 4 (four) $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangles
- subcut 1 (one) strip into 2 (two) $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangles and

5 (five) $41 / 22^{\prime \prime}$ squares

- subcut 1 (one) strip into 7 (seven) 4½" squares


## Fabric I

Three (3) $41 / 2^{\prime \prime} \times$ WOF strip

- subcut 1 (one) strip into 4 (four) 4½" x 81/2" rectangles
- subcut 1 (one) strip into 2 (two) $41 / 22^{\prime \prime} \times 81 / 22^{\prime \prime}$ rectangles and

5 (five) $41 / 22^{\prime \prime}$ squares

- subcut 1 (one) strip into 7 (seven) 4½" squaress

Fabric J
Three (3) 4½" x WOF strip

- subcut 1 (one) strip into 4 (four) $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangles
- subcut 1 (one) strip into 2 (two) $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangles and

5 (five) $41 / 22^{\prime \prime}$ squares

- subcut 1 (one) strip into 7 (seven) 4½" squares

Fabric K
Seven (7) 812" x WOF strip

- subcut 7 (seven) strips into 9 (nine) $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ rectangles

Total $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ print rectangles: 63
Total $41 / 2{ }^{\prime \prime}$ print squares: 126
Total $41 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ solid rectangles: 63

## COLUMN CONSTRUCTION

Sew all rights sides together with $1 / 4$ " seam allowance. Press open.

- Using a water-soluble marker or a pencil, mark a diagonal line across the wrong side of all your print squares.
- Place one square in the right corner of a Fabric K rectangle, right sides together. Stitch across the corner on the line you marked. Trim off corner, leaving a $1 / 4$ " seam. Press corner up.
- Place a square of the same print in the left corner of the Fabric K rectangle, right sides together. Stitch across the corner on the line your marked. Trim off corner, leaving a 1/4" seam. Press corner up (DIAGRAM 1).

- Repeat with all Fabric K rectangles to create 63 flying geese units.


## CUTTING DIRECTIONS (CONTD)

- Arrange flying geese units and print rectangles using the illustration as a guide into 18 rows of 7 .
- Sew blocks together in each row, press seams in one direction, alternating directions every other row.
- Sew rows together, press seams in one direction.
- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motives are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.


## BINDING

Sew right sides together.

- Cut enough strips $11 / 2^{\prime \prime}$ wide by the width of the fabric H to make a final strip 300 " long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated $5^{\prime \prime}$ tail. Sew with $1 / 4$ " seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching $1 / 4$ " before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of $45^{\circ}$ and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at $1 / 4$ " of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet.
- Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to $1 / 4$ " and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.


CONGRATULATIONS!


