Holy Herbs
HEADBOARD DESIGNED BY AGF STUDIO

INDIE folk
FABRICS DESIGNED BY PAT BRAVO

IFL-46300 KHOKHLOMA BURGUNDIA
IFL-46301 FLECKS AUBURN
IFL-46302 MEADOW DIM
IFL-46303 DROPLET PETAL MALACHITE
IFL-46304 TRINKET VIVID

IFL-46305 MIST FLORA LUMINOUS
IFL-46307 TARTAN MIDNIGHT
IFL-46308 VERNANT BLOOM
IFL-46309 WHIRL ROUGE
IFL-46310 TRÓJKĄT SUNRISE

IFL-56300 KHOKHLOMA BLOOM
IFL-56301 FLECKS INDIGO
IFL-56302 MEADOW VIVID
IFL-56303 DROPLET PETAL STORM
IFL-56304 TRINKET BLUSH

IFL-56306 PATHWAYS RICH
IFL-56307 TARTAN TEAL
IFL-56308 POWDER BLOOM
IFL-56309 WHIRL MAUVE
IFL-56310 TRÓJKĄT DESERT

© 2015 Courtesy of Art Gallery Quilts LLC. All Rights Reserved.
**Fabric Requirements**

<table>
<thead>
<tr>
<th>Fabric</th>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>IFL-56301</td>
<td>1 yd</td>
</tr>
<tr>
<td>B</td>
<td>IFL-46309</td>
<td>FQ</td>
</tr>
<tr>
<td>C</td>
<td>IFL-46305</td>
<td>FE</td>
</tr>
<tr>
<td>D</td>
<td>IFL-46307</td>
<td>FE</td>
</tr>
<tr>
<td>E</td>
<td>IFL-56309</td>
<td>FQ</td>
</tr>
<tr>
<td>F</td>
<td>IFL-56300</td>
<td>1/4 yd</td>
</tr>
<tr>
<td>G</td>
<td>PE-466</td>
<td>FE</td>
</tr>
<tr>
<td>H</td>
<td>PE-447</td>
<td>FQ</td>
</tr>
<tr>
<td>I</td>
<td>PE-436</td>
<td>FE</td>
</tr>
<tr>
<td>J</td>
<td>PE-433</td>
<td>FE</td>
</tr>
<tr>
<td>K</td>
<td>PE-421</td>
<td>1/16 yd</td>
</tr>
<tr>
<td>L</td>
<td>PE-428</td>
<td>3 7/8 yds</td>
</tr>
<tr>
<td>M</td>
<td>PE-427</td>
<td>7/8 yd</td>
</tr>
</tbody>
</table>

**Backing Fabric**
- Fabric L PE-428 1 7/8 (Included)

**Binding Fabric**
- Fabric A IFL-56301 (Included)

**Cutting Directions**

- ¼” seam allowances are included.
- WOF means width of fabric.

**Fabric A**
- Cut thirteen (13) 3 7/8” squares.
- Cut twelve (12) template 2 triangles.
- Cut four (4) template 10.
- Cut two (2) template 6
- Cut one (2) template 14
- Cut two (2) 38 x 6 1/2” rectangles

**Fabric B**
- Cut four (4) template 10
- Cut two (2) template 11
- Cut one (2) template 12
- Cut two (2) template 5

**Fabric C**
- Cut two (2) template 4
- Cut six (6) template 11

**Fabric D**
- Cut four (4) template 11

**Fabric E**
- Cut two (2) template 5
- Cut two (2) template 3
- Cut one (2) template 15

**Construction**

Sew all rights sides together with ¼” seam allowance.

Start with the construction of the HST:

- To accomplish the HST construction use the 3¾” squares from fabrics L, M, A and F.

- Using a water-soluble marker or a pencil, mark a diagonal line across the wrong side of all the mentioned fabric squares.

- Place fabric A & M marked squares, right sides together.

- Sew 1/4” on both sides of the marked line.

- Cut piece in half along the drawn line.

- Repeat with fabric L & F 3¾” squares.
Now attach template 2 appliquéd on top of the 3 1/2” squares.

Stitch with a 1/4” seam allowance. You can unravel the edges to create a cool texture on the blocks.

You should have twelve (12) fabric A & L squares.

Attach fabric M templates 2 to 3 1/2 x 9 1/2” rectangles. (Remember to unravel the seam allowances if you want!) You should have:

Four (4) A blocks
Four (4) B blocks
Two (2) C and D columns

Create two rows for each side following the diagram below.

Follow the diagram to create the star blocks.

• You should have SIX (6) 9 1/2” blocks.
• Join 3 blocks together.
• Attach fabric I 19 1/2 x 6 1/2” rectangles.
• Use 1 1/2” x WOF strips from fabric M to create a burgundy line below the first row of the Headboard.

• Start with fabrics F & L HST.
• Create the following blocks:

DIAGRAM 1

DIAGRAM 2

DIAGRAM 3
• Use steam a seam fusible interfacing with all the floral templates to hold them in place.

• To add more security, edge stitch around each appliqué to hold them in place.

• The scaled diagrams below will show you exactly where to place your appliqués. It will be easier to have a bigger reference for correct placement.

• However, it is up to you if you want to add more of the same appliqués or even hand stitching with embroidery thread to enhance your bed top. Remember that this is a unique piece and creating more texture and details will only make it more and more beautiful!

• Your head board is designed to be hanged in a curtain holder just on top of your bed,

• Sew your fabric A 38 1/2 x 6 1/2” rectangles together and attach it to the top. Fold it half and press, this will be attached to your backing fabric.

• (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the head board (DIAGRAM B3). Start sewing at ¼” of the border, stitching all the layers. Do the same in the four corners of the bed top.

• Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).

• Trim seam to ¼” and press open. Complete the sewing. Turn binding to back of the head board, turn raw edge inside and stitch by hand using blind stitch.

• Cut enough strips 1½” wide by the width of the fabric A to make a final strip 22½” in long. Start sewing the binding strip in the middle of one of the sides of the bed top, placing the strip right side down and leaving an approximated 5” tail. Sew with ¼” seam allowance (using straight stitch), aligning the strip’s raw edge with the bed top’s raw edge.

• Stop stitching ¼” before the edge of the bed top (DIAGRAM B1). Clip the threads. Remove the piece from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers.

• Use the two (2) Fabric L 38 x 16 3/4” rectangles and two from template 1

• Sew everything together creating the same shape as your head board.

• Place BACKING FABRIC on top of the right side of your wall art.

• Pin both layers together and stitch at a 1/4” seam allowance.

• Leave a small opening and flip right side out, making sure the corners are turned out nicely.

• Hand stitch the opening and your wall art should be ready, enjoy!

FINAL ASSEMBLY

Sew rights sides together:

• Use the two (2) Fabric L 38 x 16 3/4” rectangles and two from template 1

• Sew everything together creating the same shape as your head board.

• Place BACKING FABRIC on top of the right side of your wall art.

• Pin both layers together and stitch at a 1/4” seam allowance.

• Leave a small opening and flip right side out, making sure the corners are turned out nicely.

• Hand stitch the opening and your wall art should be ready, enjoy!

BINDING

• Cut enough strips 1½” wide by the width of the fabric A to make a final strip 22½” in long. Start sewing the binding strip in the middle of one of the sides of the bed top, placing the strip right side down and leaving an approximated 5” tail. Sew with ¼” seam allowance (using straight stitch), aligning the strip’s raw edge with the bed top’s raw edge.

• Stop stitching ¼” before the edge of the bed top (DIAGRAM B1). Clip the threads. Remove the piece from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers.

NOTE:
While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

© 2017 Courtesy of Art Gallery Quilts LLC. All Rights Reserved.
* Appliqué placement on top of Fabric.
• Appliqué placement on top of Fabric L