Hula HOOP

FREE PATTERN
**FINISHED SIZE | 22" × 14"**

**FABRIC REQUIREMENTS**

<table>
<thead>
<tr>
<th>Fabric</th>
<th>A</th>
<th>PE-433</th>
<th>⅛ yd.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fabric B</td>
<td>PE-406</td>
<td>½ yd.</td>
<td></td>
</tr>
<tr>
<td>Fabric C</td>
<td>FUS-CL-902</td>
<td>⅛ yd.</td>
<td></td>
</tr>
<tr>
<td>Fabric D</td>
<td>PE-401</td>
<td>⅛ yd.</td>
<td></td>
</tr>
<tr>
<td>Fabric E</td>
<td>PE-421</td>
<td>¾ yd.</td>
<td></td>
</tr>
<tr>
<td>Fabric F</td>
<td>FUS-CL-901</td>
<td>⅛ yd.</td>
<td></td>
</tr>
</tbody>
</table>

**BACKING FABRIC**

PE-406- Included

**CUTTING DIRECTIONS**

½" seam allowances are included.

- Two (2) 2½" x 14½" strips from Fabric A
- Two (2) 1½" x 14½" strips from Fabric B
- One (1) 1" x 14½" strip from Fabric B
- One (1) 2½" x 14½" strip from Fabric C, E
- One (1) 1½" x 14½" strip from Fabric D
- One (1) 11" x 14½" rectangle from Fabric F

**CONSTRUCTION**

Sew all rights sides together with ¼" seam allowance.

- Pair the Fabric strips in the following order:

  [Diagram 1]

  - Now, take the 11" x 14½" rectangle and pair it next to Fabric E

  [Diagram 2]

- Quilt as desired
CREATING THE BACK PILLOW

Sew all rights sides together with ¼" seam allowance. Press open.

• To make an envelope back for your pillow take both 18" x 14½" rectangles and fold one 16" side on each rectangle in 1/2" and press and then fold another 1/2" and press.

• Top stitch as close to the edge as possible.

• Place rectangles right side together on top of each other to the front of your pillow and stitch all the way around your pillow at ¼" seam allowance.

• Clip corners at seam allowance and flip piece to the right side of the fabric.

• Fill pillow with a 22" x 14" pillow form and enjoy!

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NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.