FABRICS DESIGNED BY AGF STUDIO

CAP-L-3000  ROSES & LETTERS
CAP-L-3001  LOVE PUZZLE
CAP-L-3002  XOXOXO
CAP-L-3003  LOVE LIFE

CAP-L-3004  GIVE LOVE
CAP-L-3005  LOVE SPECKLES
CAP-L-3006  LOVE BLOOMS
CAP-L-3007  LOVE DREAM

CAP-L-3008  LOVE MEANING
CAP-L-3009  ALL YOU NEED IS LOVE

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FINISHED SIZE | 33" × 72"

FABRIC REQUIREMENTS

<table>
<thead>
<tr>
<th>Fabric</th>
<th>Description</th>
<th>Yardage</th>
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</thead>
<tbody>
<tr>
<td>A</td>
<td>CAP-L-3000</td>
<td>1 ¼ yd.</td>
</tr>
<tr>
<td>B</td>
<td>CAP-L-3005</td>
<td>1 ¼ yd.</td>
</tr>
<tr>
<td>C</td>
<td>CAP-L-3002</td>
<td>4 ½ yd.</td>
</tr>
<tr>
<td>D</td>
<td>PE-413</td>
<td>2 ½ yd.</td>
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</tbody>
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BACKING FABRIC
CAP-L-3002 (Fabric C) (included)

BINDING FABRIC
PE-413 (Fabric D) (included)

CUTTING DIRECTIONS

¼” seam allowances are included.
WOF means width of fabric.

Two (2) 16½” x WOF strips from fabric A
Two (2) 4½” x WOF strips from fabric A
Two (2) 12½” x WOF strips from fabric B
Five (5) 1½” x WOF strips from fabric B
Two (2) 3” x WOF strips from fabric B
Two (2) 33½” x 72½” rectangles from fabric C
One (1) 33½” x 72½” rectangles from fabric D

CONSTRUCTION

Sew all rights sides together with ¼” seam allowance.

• Subcut two (2) 16½” x WOF strips from fabric A into eight (8) 16½” x 8½ rectangles.
• Subcut two (2) 4½” x WOF strips from fabric A into eight (8) 4½” x 8½ rectangles.
• Subcut two (2) 12½” x WOF strips from fabric B into eight (8) 12½” x 8½ rectangles.
• Subcut two (2) 1½” x WOF strips from fabric B into four (4) 1½” x 16½ strips.

ASSEMBLING THE TOP

Block Construction

• The sleeping bag features a block repeated eight (8) times.

• Take one (1) 16½” x 8½ rectangle from fabric A, one (1) 8½” x 4½” rectangle from fabric A, and one (1) 12½” x 8½” rectangle from fabric B.

• Join them as indicated in Diagram 1.

• Repeat eight (8) times.

• Take four (4) 1½” x 16½” strips from fabric B.

• Join them with the blocks following Diagram 2.

• Repeat four (4) times.
• Take two (2) 1½” x 33½” strips from fabric B.
• Join them with the blocks following Diagram 3.
• Repeat twice.

• Take one (1) 1½” x 33½” strips from fabric B and two (2) 3” x 33½” strips from fabric B.
• Join them to the blocks following Diagram 4.

• Join the pieced part to the 33½ x 72½ rectangle from fabric D, for the outer part of the quilted sleeping bag.
• Join the two (2) 33½ x 72½ rectangles from fabric C, for the inside/backing of the sleeping bag.
• Follow Diagram 5 for fabric placement and attachment.

QUILT ASSEMBLY

Sew rights sides together:

• Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
• Place BATTING on top of backing fabric.
• Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
• Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
• Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
• After you finished, trim excess of any fabric or batting, squaring the sleeping bag to proceed to bind it.

BINDING

Sew rights sides together:

• Cut enough strips 1½” wide by the width of the fabric D to make a final strip 28½” long. Start sewing the binding strip in the middle of one of the sides of the sleeping bag, placing the strip right side down and leaving an approximated 5” tail. Sew with ¼” seam allowance (using straight stitch), aligning the strip’s raw edge with the quilt top’s raw edge.
• Stop stitching ¼” before the edge of the sleeping bag (DIAGRAM B1). Clip the threads. Remove the sleeping bag from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the sleeping bag (DIAGRAM B3). Start sewing at ¼” of the border, stitching all the layers. Do the same in the four corners of the sleeping bag.
• Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the sleeping bag from under the machine presser foot. Lay the loose ends of the binding flat along the sleeping bag edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).

• Trim seam to ¼” and press open. Complete the sewing. Turn binding to back of the sleeping bag, turn raw edge inside and stitch by hand using blind stitch.

DIAGRAM B1

Stop stitching here

DIAGRAM B2

fold

DIAGRAM B3

• Saw a 100” zipper along the right and bottom side of the sleeping bag.