TRAPEZA
Table Runner
20" x 53"

Featuring
ATHENA
by Angela Walters

FABRIC REQUIREMENTS

<table>
<thead>
<tr>
<th>Fabric</th>
<th>ATH-141</th>
<th>1/4 yd.</th>
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</thead>
<tbody>
<tr>
<td>Fabric A</td>
<td>ATH-148</td>
<td>1/4 yd.</td>
</tr>
<tr>
<td>Fabric C</td>
<td>ATH-145</td>
<td>1/4 yd.</td>
</tr>
<tr>
<td>Fabric D</td>
<td>ATH-143</td>
<td>3/8 yd.</td>
</tr>
<tr>
<td>Fabric E</td>
<td>PE-433</td>
<td>3/8 yd.</td>
</tr>
<tr>
<td>Fabric F</td>
<td>PE-421</td>
<td>1/2 yd.</td>
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</table>

Binding Fabric: ATH-144 1/4 yd.

CUTTING DIRECTIONS

Six (6) 5 7/8" x 5 7/8" squares from Fabric A
Two (2) 5 7/8" x 5 7/8" squares from Fabric B
Four (4) 3 1/2" x 10 1/2" rectangle from Fabric C
Ten (10) 5 7/8" x 5 7/8" squares from Fabric D
Six (6) 5 7/8" x 5 7/8" squares from Fabric E
Three (3) 1 1/2" x WOF strip from Fabric E
Eight (8) 5 7/8" x 5 7/8" squares from Fabric F
One (1) 1 1/2" x WOF strip from Fabric F

Cut all 5 7/8" x 5 7/8" squares diagonally in half.

Important: Cut 5 squares in Fabric D diagonally with the direction of the print vertical and the other 5 squares cut diagonally with the print horizontal. This step is important if you want the direction of the print to line up.
**BLOCK CONSTRUCTION**

Sew all rights sides together with ¼" seam allowance. Press open.

- Two different blocks make up this table runner. For the first block, sew four triangles from fabric A to four triangles from fabric F.

- Next sew four triangles from fabric E to four triangles from fabric D.
- Make sure two of the triangles from Fabric D are with the print cut vertical and the other two with the print cut horizontal.

- Press all seams open and place pieces out following diagram 3.

- Sew square made with fabric A and F to a square made with fabric E and D.
• Take one of your 1 1/2" x WOF strips from fabric E. Sew to each side of the two pieces you made and cut off excess.

• Next sew two triangles from fabric F to two triangles from fabric D.

• Place your pieces out following diagram 9. Make sure direction of fabric is going the right way.

• Sew square made from fabric E and D to square made from fabric B and D.

• Repeat with other two squares mirroring the piece you just made.

• You have now completed block 1. For the next block, sew two triangles from fabric B to two triangles from fabric D.
ASSEMBLING THE TOP

Sew all rights sides together with ¼" seam allowance. Press open.

- Arrange blocks using illustration as a guide. (Diagram 14)
- You will need three of block 1 and two of block 2 to create this table runner.

- Take one 1 1/2" x WOF strip and and sew to top of piece you made in diagram 10. Cut off excess. (Diagram 11a)
- Take the rest of the 1 1/2" x WOF and sew to bottom of piece you made in diagram 10. (Diagram 11b)
- Cut excess. Use remaining strip for the other block.

- Sew 3 1/2" x 10 1/2" rectangles from fabric C to top and bottom of piece made in diagram 11.

- Take the 1 1/2" x WOF strip from fabric F and sew it to the top and bottom using the same method you used to sew the strip from fabric E.

- Place BACKING FABRIC on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
• Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motives are a matter of personal preference. Have fun choosing yours!
• After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

**BINDING**

*Sew right sides together.*

• Cut enough strips 1½" wide by the width of the fabric **ATH - 1 4 4** to make a final strip 156" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with ¼" seam allowance (using straight stitch), aligning the strip’s raw edge with the quilt top’s raw edge.

• Stop stitching ¼” before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¼” of the border, stitching all the layers. Do the same in the four corners of the quilt.

• Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).

• Trim seam to ¼” and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.

**enjoy!**

*For more free patterns visit: [artgalleryfabrics.com](http://artgalleryfabrics.com)*

*NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.*

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