**Pack The Back**

Back Pack

**Fabric Requirements**

<table>
<thead>
<tr>
<th>Fabric</th>
<th>Code</th>
<th>Quantity</th>
</tr>
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<tbody>
<tr>
<td>A</td>
<td>HBR-4430</td>
<td>1 1/2 yds.</td>
</tr>
<tr>
<td>B</td>
<td>HBR-4437</td>
<td>1 yd.</td>
</tr>
<tr>
<td>C</td>
<td>HBR-5433</td>
<td>1/3 yd.</td>
</tr>
</tbody>
</table>

**Other Materials Needed:**

- 1“ Thick Nylon Webbing - 40“
- Two Strap adjusters for 1” strap (Dritz)
- 22” All Purpose Zipper
- 12” All Purpose Zipper
- 9” All Purpose Zipper
- Quilting Interfacing Fleece 987F (Soft Fusible)

**Cutting Directions**

1/2” seam allowances are included.

**Zipper Pieces/ Side Panels/ Straps and Loop**

- Cut Four (4) 2 3/4” x 23 1/2” strips from Fabric A
- Cut Two (2) 2 3/4” x 23 1/2” strips from Fusible
- Cut Two (2) 5” x 26” strips from Fabric A
- Cut One (1) 5” x 26” strips from Fusible

- Cut One (2) 3” x 7 1/2” strip from Fabric B (loop)
- Cut One (1) 3” x 7 1/2” strip from Fusible (loop)
- Cut Two (2) 5 1/2” x 15” strips from Fabric B (straps)
- Cut Two (2) 5 1/2” x 15” strips from Fusible (straps)
- Cut Four (4) 1 1/2” x 13 1/2” strips from Fabric B (zipper pieces)
- Cut Two (2) 1 1/2” x 13 1/2” strips from Fusible
- Cut Two (2) 2 1/2” x 20” strip from Fabric B (side panel)
- Cut One (1) 2 1/2” x 20” strip from Fusible

- Cut Four (4) 1 1/2” x 10 1/2” strips from Fabric C (zipper piece)
- Cut Two (2) 1 1/2” x 10 1/2” strip from Fusible (zipper piece)
- Cut Two (2) 2 1/2” x 17 1/2” strip from Fabric C (side panel)
- Cut One (1) 2 1/2” x 17 1/2” strips from Fusible (side panel)

- Cut Two (2) 5” Long strips from Nylon Webbing
- Cut Two (2) 14” Long strips from Nylon Webbing
Template Pieces

Front Back Pack Template:
Cut Two (2) from Fabric A
Cut One (1) Fusible

Back Back Pack Template:
Cut Two (2) from Fabric A
Cut One (1) Fusible

Middle Back Template:
Cut Two (2) from Fabric B
Cut (1) Fusible

Middle Strip Template:
Cut Two (2) from Fabric B
Cut One (1) Fusible

Small Pouch Template:
Cut Four (4) from Fabric C
Cut Two (2) Fusible

ASSEMBLING THE BACK PACK
Sew all rights sides together with 1/2" seam allowance. Press open.

Attaching Fusible

Iron fusible to the following pieces:
Two (2) 2 3/4" x 23 1/2" strips from Fabric A (zipper piece)
One (1) 5" x 26" strips from Fabric A (side panel)
One (1) 3" x 7 1/2" strip from Fabric B (loop)
Two (2) 5 1/2" x 15" strips from Fabric B (straps)
Two (2) 1 1/2" x 13 1/2" strips from Fabric B (zipper pieces)
One (1) 2 1/2" x 20" strip from Fabric B (side panel)
Two (2) 1 1/2" x 10 1/2" strips from Fabric C (zipper piece)
One (1) 2 1/2" x 17 1/2" strip from Fabric C (side panel)

Sewing The Zipper Pieces

22" Zipper Piece

- To create the 22" zipper piece you will need four (4) 2 3/4" x 23 1/2" strips from Fabric A. Two of these pieces will have fusible on them.
- Sandwich a 22" zipper between two 2 3/4" x 23 1/2" strips from Fabric A. One strip will have fusible the other will not. (Diagram 1.1)

Diagram 1.1
• Sew zipper down with a zipper foot. Press fabrics with wrong sides together and repeat the same process on the other side of the zipper. You should now have a piece that looks like diagram 1.2.

Diagram 1.2

• Pull away top fabric and topstitch the lining seams down, sewing as close the edge of the fabric. (Diagram 1.3) Serge or use a stitch to finish off the raw edges of this pieces.

Diagram 1.3

• Repeat this process for the 12" and 9" zipper
• To create the 12" zipper you will need the following pieces : Four (4) 1 1/2" x 13 1/2" strips from Fabric B and Two (2) 2 1/2" x 20" strip from Fabric B
• For the 9" zipper you will need the following pieces: Four (4) 1 1/2" x 10 1/2" strips from Fabric C and Two (2) 2 1/2" x 17 1/2" strip from Fabric C.

Diagram 2.1

• Now take both of your 5" x 26" strip from Fabric A and lay one strip on top of the other with wrong sides together. Serge or use a stitch to finish of the raw edges of the piece. (Diagram 2.1) Important: Repeat this step for all template pieces, each template piece and side panel piece has fusible in the middle and backed with another piece of fabric and then edges are finished with a serge or stitch to finish off the raw edges.

• Now sew each end of this strip to each end of your 22' zipper piece. (Diagram 2.2)
Assembling the Front Back Pack

- To make the small pouch on your back pack take four (4) small pouch templates from Fabric C. Follow the same process you used in diagram 2.1. Lay one small pouch pattern with fusible on it, on top of a small pouch pattern without fusible. Serge or use a stitch to finish off the raw edges of your piece. When you are done you should have two pieces front and back should be the right side of the fabric.

- You are now going to take your 9” zipper piece find the center of your zipper piece and the center of your small pouch.

- Pin zipper piece all the way around the the small pouch pattern. Right sides together.

- Sew zipper piece to small pouch. Repeat same process to sew the other small pouch piece to the zipper piece but sew wrong sides together because you will be sewing these edges to the middle strip pattern piece cut in Fabric B. (Diagram 3)

- Take middle strip pattern piece from Fabric B and sew the two bottom ends together. (Diagram 4)

Sew ends, right side together

- Now sew the small pouch you made in Diagram 3 right sides together to the middle strip pattern piece. Mark the midle on each piece and line up points, pin and sew all the way around. You should have a piece that looks like Diagram 5! (Diagram 5)

- You are now going to sew the 12” zipper piece right sides together to the middle strip pattern piece all the way around. Mark the centers on both pieces match centers pin and sew. (Diagram 6)
• Now sew the middle back pattern piece cut from Fabric B wrong sides together to the 12" zipper pattern piece. Mark the center of each piece and line up marks and pin middle back piece to the 12" zipper pattern piece, sew all the way around. (Diagram 7)

Repeat the same process as you did in Diagram 6. You are going to attach the 22" zipper to the front back pack piece. (Diagram 9)

• Now sew the piece you made in Diagram 7 to the front back pack pattern cut in Fabric A with right sides together. (Diagram 8)
Assembling the Straps and Loop

- Now all the zipper pieces are attached and its time to create the straps for your back pack.
- Take a 5 1/2" x 15" strip from Fabric B. Fold in half lengthwise and sew from one long end to the other.
- Flip right side of fabric through using a safety pin pull it through. (Diagram 10.1-10.3)

- To finish off one of the ends of the strap fold fabric under 1/4" and sew one end to the other. (Diagram 11.1 and 11.2)

- To create the hanging loop for your back pack take two 3" x 7 1/2" strips from Fabric B and sew right sides together on each long side of the piece.
- Flip right side of the fabric through with a safety pin.
- Pin loop following diagram 12.1 and 12.2 and press.

- Follow the instructions and diagram on the back of your strap adjuster package. You will be a sewing a box with an x in it to the bottom of your strap to attach the nylon strap and adjuster.
- You will need a 5" long piece of nylon webbing for the top part of the adjuster and 14" long for the bottom part of your adjuster.
- Thread 5" piece of nylon webbing through and over the top bar. Fold under raw edges 1" and sew a box with an X through it or sew down as desired about 1 1/2" up from the center of your strap.
- You will then take the 14" long nylon webbing and thread it through and over the bottom bar of your adjuster. Finish off one end by turning under and zig-zag stitch it down.
- The other end will be sewn between the front and back back pack. Follow picture below.
- Repeat steps to create the other back pack strap.
• Pin each end of the loop 1/2" from the top midpoint of the back back pack pattern from Fabric A. Pin both of the straps 1/2" out from the loop ends.
• Pin the end of the strap to the bottom of the back back pack pattern piece. Follow diagram 13.

![Diagram 13]

• Sew back of back pack to front of back pack right sides together! Have 22" zipper unzipped before you sew so when you are finished sewing your can turn bag right sides out through zipper!
NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.

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enjoy!
Front Back Pack
Back
Back Pack
Back
Back Pack
Cut On Fold
Cut On Fold

Middle Strip
Cut On Fold

Middle Back
Small Pouch